

# Children, Youth and Families (CYF) Behavioral Health Services



## Provider Resource Manual

Available on line at:

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children.html)



COUNTY OF SAN DIEGO  
**HHSA**  
HEALTH AND HUMAN SERVICES AGENCY



**San Diego County Health and Human Services Agency**  
**The Access and Crisis Line**

*Free, Confidential Support in All Languages*  
Crisis Intervention  
Suicide Prevention, Intervention and Postvention **or**  
**Post-Intervention?**  
Behavioral Health Screens and Referrals



***We are here for you!***

(888) 724-7240

7 Days a Week, 24 Hours a Day via Telephone

TDD/TTY Dial 711

Staffed by Professional Counselors  
Crisis Intervention and Suicide Prevention  
Referrals for Mental Health and Substance Use Needs

Live Chat Services Available Mon - Fri (4pm-10pm)

[www.up2sd.org](http://www.up2sd.org) or [www.optumsandiego.com](http://www.optumsandiego.com)

San Diego County  
 Health and Human Services Agency  
 Children, Youth and Families Behavioral Health Services

Provider Resource Manual  
**Table of Contents**

Introduction .....	4
Mission and Vision Statement .....	7
Definitions .....	8
Advocacy and Support Services.....	12
Crisis Services .....	15
Inpatient Psychiatric Hospitals.....	17
Residential Program Support .....	18
Day Treatment Programs .....	21
Wraparound/Intensive Case Management.....	24
Therapeutic Behavioral Services (TBS) .....	25
Outpatient Services	
• Fee for Services Network .....	26
• Organizational Providers Network.....	27
Teen Recovery Centers (TRC).....	40
Women’s Perinatal Substance Use Disorder (SUD)	
• Residential .....	44
• Outpatient .....	46
• Case Management .....	48
CalWORKS Mental Health and Substance Use Disorder (SUD) .....	49
Prevention and Early Intervention Services (PEI) .....	50
Faith Based.....	55
Outcome Measure Services .....	56
School Listing for Children’s Behavioral Health Services.....	57
Community Information .....	79
Support Groups/Self-Help .....	80
Behavioral Health Web Sites.....	81
CYFBHS Provider Resource Manual Edits/Updates.....	82

## Introduction

### Children, Youth and Families Administrative Team

Yael Koenig, Deputy Director	(619) 563-2773
Dr. Laura Vleugels, Supervising Psychiatrist	(619) 563-2715
Dr. Jeff Rowe, JFS Supervising Psychiatrist	(619) 634-4695

### County of San Diego Program Monitor

Fran Cooper	(619) 584-5030
Ines Dominguez-Barros	(619) 584-5035
Shannon Jackson	(619) 563-2720
Amanda Lance-Sexton	(619) 563-2722
Eileen Quinn-O'Malley	(619) 584-5046
Wendy Maramba	(619) 584-5076
Mike Miller	(619) 563-2787
Rebecca Raymond	(619) 584-3011

The County of San Diego, Health and Human Services Agency Behavioral Health Services administers Children, Youth and Families Behavioral Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

P.O. Box 85524  
SAN DIEGO, CA 92186-5524  
PHONE (619) 563-2750  
FAX (619) 563-2775

### **Access and Eligibility for Services**

County funded Behavioral health services are intended for children and adolescents who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, substance abuse/dependence) or who require behavioral health services in order to function in school, at home or in the community. Generally services are targeted for the Medi-Cal beneficiaries and low income up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. ***However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations.*** Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at **(888) 724-7240**.

### **Access to Language Services**

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However clients have the option to choose or use a family member or a friend as an interpreter. The client/family are not expected to provide their own translator. All Behavioral Health programs have access to translators.

### **Fees and Funding**

Behavioral health services provided through the County of San Diego are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees, private insurers, County general funds, State funds, and specialized grants. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. *No person who otherwise qualifies for services will be turned away due to lack of funds.*

### **Organizational Providers**

Serve children/youth with complex needs through a multidisciplinary team.

### **Health Plans**

Serve children/youth with mild to moderate needs. CYFBHS has integrated Mental Health Services (MHS) and Alcohol and Drug Services (ADS) for children, youth and families and gender specific Alcohol and Drug Services through the perinatal ADS Women's programs. CYFBHS embraces the principles of a Comprehensive Continuous Integrated System of Care (CCISC) for co-occurring disorders.

### **Fee For Service (FFS) Providers**

Service children/youth with complex needs through individual providers.

Care 1 <sup>st</sup> Health Plan	(855) 321-2111
Community Health Group	(800) 404-3332
Health Net	(888) 426-0030
Kaiser Permanente	(877) 496-0450
Molina Healthcare	(888) 665-4621

### **Live Well San Diego**

CYFBHS supports the *Live Well San Diego* vision of Building Better Health, Living Safely, and Thriving. *Live Well San Diego*, developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of partners inside and outside County government to help all residents be healthy, safe, and thriving. Building Better Health focuses on improving the health of residents and supporting healthy choices. Living Safely seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. Thriving focuses on promoting a region in which residents can enjoy the highest quality of life.

### **San Diego Network of Care**

The Network of Care website is a resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with behavioral health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This website can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese, Cambodian, Korean, Arabic, Somali, American Sign Language, French, Italian, and, Portuguese.

<http://sandiego.networkofcare.org>

**2-1-1 San Diego**

2-1-1 San Diego is a free, 24 hour, confidential phone service available in 200+ languages and searchable online database. 2-1-1 is a trusted, local, nonprofit organization with connection to more than 6,000 community, health, disaster services, and much more. The Enrollment Services team helps identify, screen, and help people apply over the phone for benefit programs including CalFresh, Medi-Cal, and Covered California. 2-1-1 is partnered with the First 5 Commission of San Diego to support an information and referral system that serves the needs of families with children under 6 years of age as well as pregnant women. 2-1-1 can link families eligible for pregnancy-related Medi-Cal to care and work to assure pregnant women obtain early and continuous prenatal care and other services they need. The goals for this program include: healthy mothers have healthy babies, linking pregnant women to available health care services and assuring pregnant women receive early and continuous prenatal care.

<http://www.211sandiego.org>

This manual is maintained by BHS CYF administration and updated by Yvonne Gage of BHS CYF. If you have any revisions, edits, and or comments, please call 619-584-3016 or e-mail at: [Yvonne.Gage@sdcounty.ca.gov](mailto:Yvonne.Gage@sdcounty.ca.gov)

## **Children, Youth and Families Behavioral Health Services Mission and Vision Statement**

### **Mission**

The purpose of the System of Care Council is to ensure that all agencies serving San Diego county youth from age 0 through age 21 have coordinated services resulting in improved youth and family, and system outcomes consistent with System of Care Values and Principles.

### **Vision**

San Diego youth are healthy, safe, successful in school, and in their transition to adulthood, while being law abiding, while living in a home and community that supports strong family connections.

## **Definitions**

### **Advocacy and Support Services**

Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and behavioral health professionals.

### **Child Welfare Service (CWS)**

Child Welfare Services (CWS) and Behavioral Health Services (BHS) jointly administer the Pathways to Well Being program along with many other shared planning efforts. Behavioral Health Services and CWS coordinate services to ensure that dependent youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care.

### **Continuum of Care Reform (CCR) AB 403**

The Continuum of Care Reform is a series of existing and new reforms to Child Welfare Services (CWS) and Probation. The principles of CCR are built around the right of all children to permanency in a family environment, access to a Child and Family Team that includes all collaborative service providers and natural supports, availability to appropriate mental health services regardless of placement, and the transition of residential group home placements to Short-Term Residential Therapeutic Programs (STRTP), which will provide short-term, intensive treatment interventions and are designed to quickly transition children back to a permanent family. Implementation efforts for CCR will occur in stages between now and 2021.

### **Crisis Services**

24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

### **Day Treatment Programs**

Day Treatment Programs provide an intensive treatment program that offers individual, family and group services in a therapeutic milieu. Services include medication management and monitoring, crisis intervention, case management and rehabilitation services. Some Day programs are co-located in a residential treatment program while some are community based. Access to residential day programs is through the Probation, Child Welfare Services or school district.

### **Family and Youth Partners**

Family and Youth Partners is an overarching term for an individual with experience as a child or youth or parent/caregiver of a child/youth who is or has received services from a public agency serving children and families. Youth & Family Partner roles may include, but are not limited to Administration, Advocacy/Community Engagement, Training and Supervision, Support Partners (direct service), Peer to Peer, and Outcomes and Evaluation activities.



**Fee for Service (FFS) Network**

Services for Medi-Cal beneficiaries access through Optum Health/Access and Crisis Line.

**Full Service Partnership (FSP)**

Full Service Partnership (FSP) provides an array of services to children and youth and their families beyond the scope of traditional clinic-based outpatient mental health services. FSP services provide additional supports to promote stability and successful functioning within the community. Services and linkages are provided in the home or community, guided by a commitment to do "whatever it takes," to help children, youth and their families achieve self-defined goals toward resilience and wellness.

**Inpatient Psychiatric Hospitals**

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

**Intensive Case Management**

Intensive Case Management are community-based services that emphasize the strengths of the children, youth and family and includes the delivery of coordinated, individualized services to address needs and achieve positive outcomes. Providers engage in a unique assessment and treatment planning process that is characterized by the formation of a child, family and multi-agency team which includes community and natural supports.

**Juvenile, Forensic Assistance for Stabilization and Treatment (JFAST)**

JFAST of Juvenile Offenders is a Mental Health Court Calendar, comprised of partners from the Juvenile Forensics STAT Team, Probation, the Juvenile Court, Primary Public Defender, District Attorney, Vista Hill Juvenile Court Clinic, Wraparound providers and other mental health professionals and community representatives. Youth referred to the program are screened by Probation and a behavioral health assessment is completed by the BHS STAT Team. When youth is accepted into the JFAST Program a case plan is developed that is formalized at a hearing that identifies the conditions and terms of probation. Clients receive individualized treatment services which can include individual and family therapy, wraparound services, substance abuse counseling and case management services.

**Juvenile Forensic Services**

Juvenile Forensic Services provides mental health services to youth in the San Diego County Probation institutions and youth transitioning from detention back into the community. Referrals for services are made by the Juvenile Court, the Probation Department, other juvenile justice system providers, and community providers.

**Outpatient Services**

Outpatient programs offer psychiatric evaluation, medication management, individual, group, and family therapy, rehabilitative services and case management to children /youth with a high level of need. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service most programs schedule an assessment appointment to see a clinician as needed. Outpatient services provide services for Medi-Cal children/youth and indigent youth who meet criteria for specialty mental health services. The Medical Health Plans serve children/youth with mild to moderate level of need.

### **Prevention and Early Intervention (PEI)**

Prevention programs bring mental health awareness into the lives of all members of the community through public education initiatives and dialogue. To facilitate accessing supports at the earliest possible signs of mental health problems and concerns, PEI builds capacity for providing mental health early intervention services at sites where people go for other routine activities (e.g., health provider, education facilities, and community organizations). Mental health becomes part of wellness for individuals and the community, reducing the potential for stigma and discrimination against individuals with mental illness.

### **Probation**

The Probation Department and Behavioral Health Services coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care. These services range from behavioral health services at Juvenile Hall, and the Camps to community based treatment such as Breaking Cycles, Juvenile Court Clinic and Juvenile Drug Court Services.

### **Residential Day/Outpatient Programs**

Residential Level 12 and 14 programs offer day treatment and outpatient services for children and youth who are placed in a residential treatment facility. Access to these programs is through Child Welfare Services or through Probation and the Juvenile Court involvement.

### **School Based Services**

Outpatient and day services provided at over 400 school sites throughout the County.

### **Teen Recovery Centers (TRC) Day Treatment/Outpatient Program**

Adolescent Teen Recovery Center programs provide developmentally appropriate substance abuse treatment for adolescents and their families including those with co-occurring disorders. Regional programs provide outpatient services, day treatment services and crisis intervention. TRC's have school satellites at selected school grounds to facilitate access to resources.

### **Therapeutic Behavioral Services (TBS)**

Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. TBS is an ancillary service in the home school or at the child/youth current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

### **Transition Age Youth (TAY)**

Youth ages 16 up to 21 years. TAY youth may be served in the Children, Youth and Families System of Care (CYFSOC), TAY specific programs or for those TAY age 18 and older that are seriously mentally ill, may be served in the Adult/Older Adult SOC.

### **Women's Perinatal Substance Use Disorder (SUD) Services**

The County of San Diego has a Perinatal System of Care that provides a wide array of Substance Use Disorder (SUD) treatment services to all women. Perinatal SUD services are designed specifically to meet the needs of pregnant and/or parenting women and teens. Pregnant women have priority admission to recovery and treatment programs. The perinatal programs provide a welcoming and safe environment, gender specific curriculum, with individualized trauma informed care, that focuses on the needs of mothers working towards recovery.

Perinatal SUD treatment is available throughout the county and includes: long term residential treatment for women and their children, Spanish-speaking staff, perinatal detoxification, outpatient programs for women and teens, and intensive mobile perinatal case management services to high risk pregnant women or teens. The perinatal SUD treatment programs support the needs of mothers through, parenting classes, child therapy, life skills, healthy relationships, recovery groups, classes for improving self-esteem, education, transportation and free onsite childcare. All services are provided on a sliding fee scale. Treatment fees may be waived for Medi-Cal recipients.

## **Advocacy and Support Services**

### **Breaking Down Barriers**

(619) 543-0412

4069 30<sup>th</sup> Street

San Diego, CA 92104

Hours: M-F 9 am - 5 pm  
Population: Children and Adults  
Service: Mental health education, outreach, community linkage and collaboration  
Specialty Populations: Unserved and underserved diverse cultural groups  
Parent Organization: Mental Health America of San Diego County  
County of San Diego Program Monitor: Adrienne Yancey

### **Consumer Center for Health Education and Advocacy (CCEA)**

(877) 734-3258

1764 San Diego Avenue, Suite 200

San Diego, CA 92110

Hours: M-F 9 am – 5 pm  
Population: Children and Adults  
Service: Assistance with accessing health services and benefits. Handles outpatient care complaints and grievances to ensure that mandated rights are protected.  
Parent Organization: The Legal Aid Society  
County of San Diego Program Monitor: Steve Jones

### **Deaf Community Services**

(619) 398-2441

1545 Hotel Circle South, Suite 300

San Diego, Ca 92108

Hours: M-F 8:30 am - 5 pm  
Population: Children, Youth,, Transitional Age Youth, Adults, Older Adults and their families  
Service: Sign language interpretation for all behavioral health and case management services  
Specialty Populations: Unserved, underserved deaf or hard of hearing individuals of all ages  
Parent Organization: Deaf Community Services of San Diego  
County of San Diego Program Monitor: Cara Evans-Murray

### **Family and Youth Liaison**

(858) 634-6580

Peer & Family Support Helpline (800) 523-5933

5095 Murphy Canyon Road, Suite 320

San Diego, CA 92123

Population: Children, Youth and Families  
Service: Coordinates and advances family youth professional partnership in Children, Youth and Families Behavioral Health Services  
Parent Organization: National Alliance on Mental Illness (NAMI) San Diego  
County of San Diego Program Monitor: Rebecca Raymond

### **Family/Youth Partner Program**

(858) 684-3080

5275 Market Street Suite E

San Diego, CA 92114

Hours: M-F 9 am – 4:30 pm and by appointment  
Population: Parents and clients and TAY youth in Southeast San Diego  
Service: Full Service Partnership (FSP), parent and peer support, family and peer advocacy, information and referral, support services  
Parent Organization: Harmonium, Inc.  
County of San Diego Program Monitor: Wendy Maramba

### **Interpreters Unlimited**

(800) 726-9891 or (858) 866-0500

10650 Trenea Street, Suite 308

San Diego, CA 92121

Hours: M-F 7 am – 5 pm  
Population: Children, Youth, Transitional Age Youth, Adults, Older Adults and their families  
Service: Interpretation for all behavioral health and case management services and linkages with families in need of language translation  
Specialty Populations: Unserved, underserved individuals who have difficulty in speaking or understanding English  
Parent Organization: Interpreters Unlimited  
County of San Diego Program Monitor: Stephanie Wells

### **Patient Advocacy Program**

(Inpatient/Residential Setting)

(619) 282-1134

(800) 479-2233

8804 Balboa Avenue

San Diego, CA 92123

Hours: 7 days/24 hours  
Population: Children and Adults  
Service: Patient advocacy and protection of patient's rights when in a 24 hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected  
Parent Organization: Jewish Family Service of San Diego  
County of San Diego Program Monitor: Steve Jones

**Pathways to Well-Being  
Behavioral Health Services (BHS)**

3255 Camino del Rio South  
San Diego, CA 92108  
(619) 563-2723

Hours: M-F 8 am – 5 pm  
Population: Children, Youth and Families  
Service: Intensive Care Coordination (ICC) and Intensive Home-Based Services (IHBS) are provided to youth who have an identified mental health need, who meet medical necessity and who have full scope Medi-cal. At the State and County levels both the child welfare systems and behavioral health systems are committed to working together to improve the safety, well-being, and permanency of child welfare children/youth. Pathways to Well-Being (PWB) services are needs driven, strengths-based, child/youth/TAY and family focused, individualized, culturally competent, trauma informed, are to be delivered in a well-coordinated, comprehensive, community-based approach with strong engagement and participation of the child/youth/TAY and family in order to facilitate the reunification of the family if appropriate. BHS PWB provides recommendations to BHS organizational providers to complete full assessments and treatment.

Specialty Populations: Child Welfare Services  
Parent Organization: County of San Diego, Health and Human Services Agency  
County of San Diego Program Monitor: Amanda Lance-Sexton

**SSI Advocacy Services**

(844) 774-5463, TTY (877) 734-2929  
110 South Euclid  
San Diego, CA 92114

Hours: M-F 9 am – 5 pm  
Service: Provides SSI Advocacy Services for consumers of the following programs: General Relief, Board and Care Payment Program and for Mental Health Clubhouses  
Parent Organization: Legal Aid Society of San Diego  
County of San Diego Program Monitor: Vincent Chau

## **Crisis Services**

### **Access and Crisis Line**

1 (888) 724-7240

TDD/TTY for Hearing Impaired: (619) 641-6992

Hours: M-F 4 pm – 10 pm

Live Chat Services: [www.up2sd.org](http://www.up2sd.org) or [www.optumsandiego.com](http://www.optumsandiego.com)

Hours: M-F 4pm-10pm

Population: Children, Adolescents, Transition Age Youth, Adults, Older Adults and their families

Service: Behavioral Health Access and Crisis Line (ACL), crisis/suicide/substance abuse intervention, behavioral health information and referrals

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Tabatha Lang

### **Emergency Medication Clinic**

(619) 397-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: M/W/F 9 am – 12 pm (By appointment only)

Population: Children, Youth and Families with emergency/crisis medication refill needs up to age 18.

Service: Emergency/crisis refill service when the primary treating psychiatrist or physician have been contacted and are not available to see the client/family to prevent a medication crisis.

Specialty Populations: Children/youth in emergency/crisis related to psychiatric medication management

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Rebecca Raymond

### **Emergency Screening Unit (ESU)**

(619) 421-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: 7 days/24 hours

Population: Children and Youth up to age 18

Service: Emergency psychiatric evaluation, including screening for inpatient hospitalization and crisis stabilization

Specialty Populations: Psychiatric emergencies

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Rebecca Raymond

**Medication Support for  
Polinsky Children's Center Residents**

(858) 874-1082  
9400 Ruffin Road  
San Diego, CA 92123

Hours: 7 days/24 hours  
Population: Children and Youth residing at Polinsky Children's Center who have been prescribed psychotropic medications  
Service: Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children's Center  
Specialty Populations: Children/Youth residing in Polinsky Children's Center  
Parent Organization: Rady Children's Hospital  
County of San Diego Program Monitor: Rebecca Raymond

**North County Crisis, Intervention and Response Team**

(760) 233-0133  
225 West Valley Parkway, Suite 100  
Escondido, CA 92025  
(760) 305-8225  
1020 S. Santa Fe Ave., Ste. B  
Vista, CA 92084

Hours: M-F 12 pm - 8 pm, Sat. 12 pm - 5 pm  
Population: Children and Youth, up to age 18  
Service: Walk-in and mobile assessment which provide urgent mental health and crisis intervention services including emergency psychiatric evaluations  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Rebecca Raymond

**Psychiatric Emergency Response Team (PERT)**

Contact 911 for emergencies

Population: Services are provided to individuals with a behavioral health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment. Services include special attention to special needs of Transitional Age Youth (TAY) and Older Adult populations in the underserved communities, and to the Veteran population.  
Service: PERT contributes to the well-being of individuals experiencing a mental health crisis who have come in contact with law enforcement, with the goal of more humane and effective handling of incidents involving law enforcement officers and individuals with mental illness, developmental disabilities and /or substance use disorders.  
Specialty Populations: Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Betsy Knight



## **Inpatient Psychiatric Hospitals**

### **Aurora Behavioral Health Care/San Diego**

(858) 487-4200

11878 Avenue of Industry

San Diego, CA 92128

Hours: 7 days/24 hours

Population: Children and Youth up to age 18

Service: FFS and Acute psychiatric inpatient services- back up beds for indigenous parents. Medi-Cal only.

Parent Organization: Signature Healthcare

County of San Diego Program Monitor: Rebecca Raymond/Anna Palid

### **Child and Adolescent Psychiatry Service (CAPS)**

(858) 576-1700

8001 Frost Street

San Diego, CA 92123

Hours: 7 days/24 hours

Population: Children and Youth up to age 18

Service: Acute psychiatric inpatient contracts for Medi-Cal and indigenous children/youth

Parent Organization: Rady Children's Hospital San Diego

County of San Diego Program Monitor: Rebecca Raymond

### **Sharp Mesa Vista Hospital**

(858) 836-8434

7850 Vista Hill Avenue

San Diego, CA 92123

Hours: 7 days/24 hours

Population: Children and Youth age 6 up to age 18

Service: Partial hospitalization treatment for children and teens experiencing difficulties in coping, depression, anxiety and substance abuse. Dual-diagnosis program for teens facing both substance abuse and a mental health illness. After-school cognitive therapy for teens.

Parent Organization: Sharp Mesa Vista Hospital

## **Residential Program Support**

### **Casa de Amparo**

(760) 754-5510  
4070 Mission Avenue  
Oceanside, CA 92057

Hours: M-F 9 am - 7 pm (Outpatient services M-Su as needed)  
Population: Children and Youth ages 6 to 18 placed at Casa de Amparo Level 12  
Service: Full Day Rehabilitation program  
Specialty Populations: Juvenile Court dependents  
Parent Organization: Casa de Amparo  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **Children's Residential Treatment, Level 12 & 14**

(858) 277-9550  
3004 & 3002 Armstrong Street  
San Diego, CA 92111

Hours: M-F 8 am - 6 pm  
Population: Children and Youth ages 6 to 13 placed at Level 12 & 14 Residential Treatment Center  
Service: Full Day Rehabilitation program  
Specialty Populations: Juvenile Court Dependents  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **Clark Adolescent Treatment Center**

(858) 277-9550  
3003 Armstrong Street  
San Diego, CA 92111

Hours: M-F 2:30 pm - 8 pm (Evening and weekend hours available as needed)  
Population: Children and Youth ages 13 to 18 who reside in Clark Residential Treatment Center.  
Service: Full Day Rehabilitation Program enhanced with a TAY life skills training program; co-occurring disorders service capability  
Specialty Populations: Juvenile Court Dependents, TAY youth; Co-occurring  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **Dual Diagnosis Services**

(619) 797-1090  
3845 Spring Drive  
Spring Valley, CA 91977

Hours: M-F 8 am - 4:30 pm  
Population: Youth ages 12 to 18 year old referred by Child Welfare Services and San Diego Regional Center and who currently reside in Fred Finch level residential facility  
Service: Full Day Rehabilitation and outpatient services  
Specialty Populations: Emotionally disturbed youth with developmental disability  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **New Alternatives South Campus**

(619) 397-6901

730 Medical Center Court  
Chula Vista, CA 91911

Hours: M-F 2:30 - 7:30 pm  
Population: Children and Youth ages 12 to 18 who reside in NA South Campus residential facility  
Service: Full Day Rehabilitation  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **Phoenix House Academy**

(888) 671-9392

Hours: M-F 8 am - 5 pm  
Population: Adolescents, age 12 to 17 who have a primary substance use disorder  
Service: Substance Use Disorder Residential Services for Adolescents  
County-Wide  
Parent Organization: Phoenix House of San Diego, Inc.  
County of San Diego Program Monitor: Mike Miller

### **Polinsky Outpatient Behavioral Health Program**

(858) 514-4625

9400 Ruffin Road  
San Diego, CA 92123

Hours: M-F 3 pm - 8 pm  
Population: Dependent Children and Youth detained in shelter care at Polinsky Children's Center  
Service: Outpatient Services and transitional services  
Specialty Populations: Child Welfare Services dependents residing at Polinsky Children's Center  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Rebecca Raymond

### **San Pasqual Academy**

(760) 233-6005

17701 San Pasqual Valley Road  
Escondido, CA 92025

Hours: M-F 8 am - 5 pm  
Population: Children and Youth ages 12-18 referred by Child Welfare Services who reside in San Pasqual Academy (SPA)  
Service: Full Day Rehabilitation program and Outpatient Services  
Specialty Populations: Transition Age Youth, Juvenile Court Dependents residing at SPA  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Amanda Lance-Sexton

## **Stabilization Treatment and Transition (STAT) Team**

(858) 694-4680

2901 Meadow Lark Drive

San Diego, CA 92123

Hours: M-F 7 am -10 pm; Sat 8 am - 7 pm  
Population: Children and Youth up to age 21 detained in Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF) and Camp Barrett  
Service: Crisis intervention, counseling, medical evaluations, brief assessment, consultation, transitional mental health services and community stabilization  
Specialty Populations: Juvenile Court Wards  
Parent Organization: County of San Diego  
County of San Diego Program Monitor: Fran Cooper

## **Substance Use Disorders (SUD)**

### **Group Homes**

(619) 442-0277 x121

Spring Valley, CA 91978

Lemon Grove, CA 91945

Ramona, CA 92065

Hours: 7 days/24 hours  
Population: Adolescents, age 12 to 17 who have a primary alcohol or other drug dependency problem other than tobacco or ordinary caffeine containing beverages  
Service: Provide 24-hour adolescent short term residential Substance Use Disorder (SUD) treatment/recovery and ancillary services to the community. SUD residential adolescent services shall be designed to engage the community's racial, ethnic and economic populations. Mental health services also provided on site.  
Parent Organization: McAlister Institute for Treatment and Education.  
County of San Diego Program Monitor: Shannon Jackson

## **Day Treatment Programs**

### **Breaking Cycles**

(858) 492-2300  
7798 Starling Drive  
San Diego, CA 92123

Hours: M-F 8 am – 5 pm  
Population: Children and Youth ages 12 to 18 years  
Service: Provide trauma informed case management, alcohol and other drug Intervention, and recovery services to youth and their families participating In the Breaking Cycles Graduated Sanctions Program. . Also provides screening, groups and community referrals for the identification, prevention and intervention of Commercially Sexually Exploited Children (CSEC) at Kearny Mesa Juvenile Hall and Girls Rehabilitative Facility.  
Specialty Populations: Juvenile Court Wards, Mental Health Court for Adolescents  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Fran Cooper

### **Cajon Valley School Project**

(619) 588-3653  
3845 Avocado School Road  
El Cajon, CA 91941

Hours: M-F 8 am – 4 pm (evening appointments available upon request)  
Population: Children and Youth in grades K–8 with Medi-Cal for children in the Cajon Valley Union School District  
Service: Dull Day Rehabilitation and Outpatient Services  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Eileen Quinn-O'Malley

### **Dual Diagnosis Services**

(858) 492-2340  
7798 Starling Drive., Suite 314  
San Diego, CA 92123

Hours: M-F 8 am – 5 pm  
Population: Children and Youth up to 18 years  
Service: The Dual Diagnosis program provides services for youth involved with the San Diego Juvenile Probation Department who are in need of mental health and substance abuse services. The program uses a multi-disciplinary integrated approach. Paraprofessionals provide evidenced based psycho educational groups and rehabilitation supportive services at seven juvenile probation sites. The groups are facilitated based on evidenced based curricula including Aggression Replacement Therapy (ART), Clinical Conduct and Substance Abuse (CCSA), Character Counts, Social Tolerance, Safe Dates and Life Skills.  
Specialty Populations: Juvenile Court Wards  
Parent Organization: Social Advocates for Youth, Inc.  
County of San Diego Program Monitor: Fran Cooper

### **Marcy Day Program**

(619) 525-7372

2716 Marcy Avenue  
San Diego, CA 92113

Hours: M-F 7:30 am - 4 pm  
Population: Youth in grades 9-12 with Medi-Cal referred by San Diego Unified School District  
Service: Full Day Rehabilitation program and transitional services  
Specialty Populations: San Diego Unified School District students  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **Merit Academy Adolescent Day Treatment Center**

(619) 448-1162

1600 N. Cuyamaca Street  
El Cajon, CA 92020

Hours: M-F 7:30 am - 4:30 pm; T and Th until 7:00 p.m.  
Population: Youth in grades 9-12 with Medi-Cal referred by Grossmont Union High School District  
Service: Full Day Rehabilitation program  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Eileen Quinn-O'Malley

### **New Dawn Day Program**

(858) 496-1655

5650 Mt. Ackerly Drive  
San Diego, CA 92111

Hours: M-F 8 am - 4:30 pm; (T and Th late appointments possible)  
Population: Youth in grades 9-12 with Medi-Cal referred by San Diego Unified School District  
Service: Full Day rehabilitation program and transitional services  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Eileen Quinn-O'Malley

### **Reflections**

(619) 668-0363

8376 Hercules Street  
La Mesa, CA 91942

Hours: M-Th 8 am – 4:30 pm; F 8 am – 4 pm  
Population: Children and Youth up to 18 years referred by the Juvenile Court for intensive behavioral health day rehabilitation services.  
Service: Day Rehabilitation. Provides family-based services to adolescents and their families. Program offers a competency-based school program, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services  
Specialty Populations: Juvenile Court Wards  
Parent Organization: County of San Diego  
County of San Diego Program Co-Monitor: Fran Cooper

## **Sexual Treatment Education Program and Services (STEPS)**

(858) 565-2510

4660 Viewridge Avenue

San Diego, CA 92123

Hours: M-F 8 am - 4 pm  
Population: Children and Youth with sexually abusive behavior problems  
Service: Full Day Treatment Intensive (males), Outpatient aftercare services, and  
Outpatient (males and females, age 6-18)  
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, Medi-Cal  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Shannon Jackson

## **Unified Day Treatment**

(858) 292-9523

5650 Mt. Ackerly Drive

San Diego, CA 92111

Hours: M-F 8 am – 5 pm  
Population: Medi-Cal eligible Children and Youth grades K-8 referred through San  
Diego Unified School District  
Service: Full Day Rehabilitation program  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Eileen Quinn-O'Malley

## **Wraparound/Intensive Case Management**

### **Families Forward Wraparound**

(858) 380-4676

9445 Farnham Street, Suite 100

San Diego, CA 92123

Hours: M-F 8 am – 5 pm (office hours / 24 hours availability)  
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21  
Service: Provides intensive case management and mental health services, utilizing the wraparound approach principles. Mental health services are provided with the goal of preventing the youth from needing a higher level of care. Intensive services include, but are not limited to, crisis intervention, case management, medication management, individual therapy, assessment, and family therapy  
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Amanda Lance Sexton

### **Wraparound**

(619) 281-3706

3434 Grove Street

Lemon Grove, CA 91945

Hours: M-F 8 am – 5 pm (office hours/ 24 hour availability)  
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21  
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy  
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **WrapWorks**

(858) 633-4100

3002 Armstrong Street

San Diego, CA 92111

Hours: M-F 8:30 am – 5 pm (Evenings by appointment)  
Population: Seriously Emotionally Disturbed Children and Youth ages 5 to 21  
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Mental health services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy  
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Amanda Lance-Sexton

### **Satellite locations:**

235 W. 5<sup>th</sup> Avenue, Suite 130  
San Marcos, CA 92069

123 Worthington Street, Suite 201  
Spring Valley, CA 91977



## **Therapeutic Behavioral Services**

### **Therapeutic Behavioral Services (TBS)**

(619) 615-0701

Fax (619) 615-0897

2535 Kettner Blvd. 1A4

San Diego, CA 92110

Hours: M-F 8 am – 5 pm (coaching hours per need)

Population: Medi-Cal Children and Youth up to 21 and families

Service: One on one behavioral, in home coaching services, case management, by referral

Specialty Populations: Transition Age Youth, Preschool aged children

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Mike Miller

**Outpatient Services**  
**Fee For Service (FFS) Network**

**Treatment & Evaluation Resource Management (TERM)**

(877) 824-8376

Fax: (619) 641-6779

3111 Camino del Rio North, Suite 500

San Diego, CA 92108

Hours: M-F 8:30 am – 5 pm  
Population: Child Welfare Services (CWS), Juvenile Probation  
Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers  
Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers  
Parent Organization: OptumHealth/United Behavioral Health  
County of San Diego Program Monitor: Tabatha Lang/Fran Cooper (CYF Liaison)

## **Outpatient Services** **Organizational Providers Network**

### **Advocating, Listening, and Leading the Youth (ALLY)**

(619) 585-4228

330 Moss Street

Chula Vista, CA 91911

Hours: M/W 10 am -7 pm,

T & F 8:30 am - 5:30 pm

(619) 267-5115

502 Euclid Avenue, Ste. 103

National City, CA 91950

M-F 8 am – 5 pm

Population: Children and Youth on Medi-Cal up to age 21

Service: Outpatient clinic services, pediatric referrals and school-based services, individual, group and family therapy. Psychiatric services and medication management.

Parent Organization: Prime Healthcare

County of San Diego Program Monitor:

Rebecca Raymond

### **Catalyst**

(858) 300-0460

7986 Dagget Street

San Diego, CA 92111

Hours: M-F 9 am – 6 pm

Population: Transition Age Youth (TAY) ages 16 to 25 Medi-Cal or indigent who have a Serious Emotional Disturbance (SED) or a Serious Mental Illness (SMI) and who may have a co-occurring mental illness and substance abuse disorder and who have been homeless or are at risk of homelessness, have transitioned from foster care, may have been in juvenile institutions or justice system and /or are users of acute inpatient care

Service: Assertive Community Treatment program that includes psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, basic needs, family psycho-education, supportive employment development, legal assistance and Full Service Partnership (FSP)

Parent Organization: Pathways Community Services

County of San Diego Program Monitor:

Cecily Thornton-Stearns

### **Central School-Based Program**

(858) 278-3292

4660 Viewridge Avenue

San Diego, CA 92123

Hours: M-F 7:30 am – 5 pm

Population: Children and Youth up to age 21 - Medi-Cal and uninsured (MHSA eligible) and must be in San Diego Unified School District. Uninsured (MHSA eligible)

Service: School Based, Individual, family, and group therapy. Case management, medication evaluation and monitoring, bilingual services and interpreters available

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor:

Wendy Maramba

### **Central School-Based Services**

(619) 283-9624

4275 El Cajon Blvd., Suite 101

San Diego, CA 92105

Hours: M-F 9 am - 5 pm (weekends/evenings by appointment)  
Population: Children and Youth up to age 21  
Service: School based outpatient diagnosis and brief treatment services; case management and rehabilitative services with San Diego Unified School District  
Parent Organization: Social Advocates for Youth  
County of San Diego Program Monitor: Wendy Maramba

### **Chaldean-Middle Eastern Social Services**

(619) 631-7400

436 S. Magnolia Avenue Suite #201

El Cajon, CA 92020

Hours: M-F 9 am – 5pm  
Population: Medi-Cal and unfunded Children and Youth up to age 21  
Service: School based support groups and Outpatient mental health services  
Specialty Population: Middle Eastern Refugees  
Parent Organization: San Ysidro Health Clinic  
County of San Diego Program Monitor: Charity White-Voth/Mike Miller

### **Child & Adolescent Mental Health Services**

(619) 232-6454

1031 25th Street

San Diego, CA 92102

Hours: M-F 8:30 am – 5 pm  
Population: Children and Youth up to age 21  
Service: School-based counseling services, individual and group counseling, family counseling, substance abuse counseling, case management, and outreach. Services provided at designated schools within San Diego Unified School District  
Parent Organization: Union of Pan Asian Communities  
County of San Diego Program Monitor: Wendy Maramba

### **Childnet – Incredible Years**

(760) 741-2660

1002 East Grand Avenue

Escondido, CA 92025

945 Vale Terrace Drive

Vista, CA 92084

Hours: M-F 8:30 – 5 pm; Sat 9 am – 5 pm  
Population: Medi-Cal and MHSA eligible, Children ages 0-5 and their families  
Service: Assessment, behavioral intervention, teacher intervention at designated preschools, implementation of Incredible Years Curriculum. Provides behavioral intervention and preschool teacher training to assist young children succeed in preschool and the community  
Parent Organization: Palomar Family Counseling Services  
County of San Diego Program Monitor: Mike Miller

### **Community Circle Central/East**

(619) 515-2355  
2204 National Avenue  
San Diego, CA 92113

(619) 515-2380  
3845 Spring Drive  
Spring Valley, CA 91977

Hours: M-F 8 am – 5 pm (home visits by appointment) M, T, W 8:00-8:00  
Th & F 8:00-5:00  
Population: School-based Children and Youth with Medi-Cal and MHSA up to age 21  
Service: Outpatient mental health clinic services. Individual, group and family therapy. School-based mental health services for children, youth and their families, psychiatric services and medication management.  
Parent Organization: Family Health Centers of San Diego  
County of San Diego Program Monitor: Mike Miller

### **Comprehensive Assessment and Stabilization Services (CASS)**

(619) 281-3706  
3434 Grove Street  
Lemon Grove, CA 91945

Hours: M-F 8 am – 5 pm  
Population: Seriously Emotionally Disturbed Children and Youth up to age 21, reside at home, foster care, small group home (6 or less) and are at risk of change of placement to a higher level of care  
Service: Assessment, evaluation, case management treatment (including Evidence-Based Practices), case consultation and other needed mental health interventions. Referrals are made by CWS Social Workers  
Specialty Populations: Children who are CWS involved  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Rebecca Raymond

### **Cornerstone**

(619) 640-3266  
6244 El Cajon Blvd., Suite 14  
San Diego, CA 92115

Hours: 8:30 am – 5 pm day (evening hours available by appointment)  
Population: (MHSA and Medi-Cal) unfunded Children and Youth up to age 21  
Service: Outpatient mental health services, Individual group, and skill-building, family therapy services, psychiatric services, and medication management  
Specialty Populations: Clinic and school-based, San Diego Unified School District  
Parent Organization: Pathways Community Services  
County of San Diego Program Monitor: Wendy Maramba

### **Counseling Cove**

(619) 525-9903

3427 Fourth Avenue, 4<sup>th</sup> Floor

San Diego, CA 92103

Hours: M-F 9 am – 6 pm (Weekend and evenings by appointment)  
Population: Severely emotionally disturbed, homeless, runaway youth throughout entire county of San Diego ages 12 to 21  
Service: Outreach and engagement, crisis intervention, psychiatric evaluation, counseling, case management, medication monitoring, rehabilitative, support services and Full Service Partnership (FSP)  
Specialty Populations: Homeless and runaway youth, TAY population; youth with co-occurring disorders  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Wendy Maramba

### **Crisis Action & Connection (CAC)**

(619) 591-5740

730 Medical Center Court

Chula Vista, CA 91911

Hours: M-F 8 am – 6 pm, program hours vary. (24 hour assistance available)  
Population: Children and Youth ages 5 to 18 who have had a psychiatric hospitalization or a screening at the Emergency Screening Unit (ESU) with full scope Medi-Cal or no insurance Children and Youth up to age 21 who are in out of home placements, in change of placement situations or at risk of removal from home, foster home, or group home setting. Must be receiving services through HHSA, be full scope Medi-Cal, and meet medical necessity.  
Service: In-home comprehensive assessment, mental health services (individual, family, and group therapy), case management, and behavior management strategies  
Specialty Populations: Transition Age Youth, Youth Gay/Lesbian Transgender  
Juvenile Court Dependents  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Rebecca Raymond

### **Crossroads Family Center**

(619) 441-1907

1679 E. Main Street, Suite 102

El Cajon, CA 92021

Hours: M, Tu, Fri 9 am - 5 pm, Wed 8 am- 8 pm, Th 10 am – 6 pm  
Population: Children and Youth with Medi-Cal, Healthy Families, uninsured (MHSA eligible) up to age 21  
Service: Provides individual/family/group psychotherapy, psychiatric services, case management, rehabilitative services, intensive care coordination (ICC), Intensive Home Based Services (IHBS), collaterals, substance use/abuse and tobacco services, crisis intervention services, family engagement and school based services to the entire East Region of San Diego. Crossroads is a Full Service Partnership (FSP) program.  
Specialty Populations: Transition Age Youth Outreach to rural East County area  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Fran Cooper

### **Developmental Evaluation Clinic (DEC)**

(858) 966-1700

3655 Kearny Villa Road, Suite 405

San Diego, CA 92123

Hours: M-F 8 am – 5 pm  
Population: Infants, pre-school and school age children  
Service: Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. Identification of developmental and social delays, the significance of the delays and behavioral problems assessments, evaluation of the need for further assessment/intervention and recommendation of educational and therapeutic programs  
Specialty Populations: Children under the age of 6  
Parent Organization: Rady Children's Hospital San Diego  
County of San Diego Program Monitor: Rebecca Raymond

### **Douglas Young Youth and Family Services**

(858) 300-8282

7907 Ostrow Street, Suite F

San Diego, CA 92111

Hours: M, T, W 9:30 am – 6 pm; Th 12 – 8 pm; F 9 am – 5 pm  
Population: Children and Youth, Healthy Families, Medi-Cal, uninsured (MHSA eligible)  
Service: Clinic and School-Based outpatient mental services including crisis intervention, individual, family and group counseling, case management, psychiatric services including medication management, Full Service Partnership (FSP) and School-based services within San Diego Unified School District  
Specialty Populations: Transition Age Youth and Co-Occurring Disorders  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Wendy Maramba

### **Early Childhood Mental Health (ECMH) – Incredible Years**

(619) 238-0471

3510 Newton Avenue, Building B103

San Diego, CA 92113

Hours: M-F 8 am – 5 pm  
Population: SED Children ages birth to five in San Diego Unified School District pre-school(s) who have been assessed and diagnosed with aggressive behavior problems and other emotional disturbance  
Service: School-based mental health services that utilizes the Incredible Years curriculum  
Specialty Populations: Latino and Asian Pacific Islander SED children and their families  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Wendy Maramba

### **East Outpatient Counseling Program**

(619) 668-6200

7339 El Cajon Blvd. Suite K  
La Mesa, CA 91941

Hours : M-F 8 am – 5 pm  
Population: Children and Youth who are Medi-Cal eligible and uninsured (MHSA)  
Service: School based mental health services in Lemon Grove School District, La Mesa- Spring Valley District and Grossmont School District  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Mike Miller

### **East School-Based Services**

(619) 448-9700

1870 Cordell Court, Suite 101  
El Cajon, CA 92020

Hours: M-F 9 am – 5 pm (Evenings by appointment)  
Population: Medi-Cal eligible Children and Youth up to 21 years old  
Service: School-based outpatient program serving Lakeside Union, Santee, and Grossmont Union School Districts  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Mike Miller

### **Fallbrook-Family Counseling**

(760) 731-3235

120 W Hawthorne Street  
Fallbrook, CA 92028

Hours: M-F 8:30 am - 5:30 pm  
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible  
Service: Individual, group and family therapy, medication management and case management. Provides school based services to Fallbrook High School District, Fallbrook Elementary District  
Parent Organization: Palomar Family Counseling Services  
County of San Diego Program Monitor: Mike Miller

### **Family Intensive Treatment-Juvenile Justice**

(619) 334-5636

2351 Cardinal Lane, Annex B  
San Diego, CA 92123

Hours: M-F 8 am – 5 pm (Evening hours available as needed)  
Population: San Diego Unified School district students that are SED and have been detained at the Kearny Mesa Juvenile Detention Facility  
Service: Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation  
Specialty Populations: Adolescent probation wards referred by the Probation Department  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Fran Cooper



## **Foster Family Agency Stabilization & Treatment (FFAST)**

(858) 633-4115

8775 Aero Drive, Suite 132

San Diego, CA 92123

- Hours: M, W, F 9 am – 5 pm; T & Th 9 am - 6:30 pm (additional evening & weekend hours as needed)
- Population: Full Scope Medi-Cal eligible beneficiaries up to 21 years of age who reside in Foster Family Agency homes and meet medical necessity diagnostic and impairment criteria in accordance with California Code of Regulations Title 9
- Service: Provide specialty mental health services: individual therapy, family therapy, group therapy, parent training groups, crisis intervention, family support/rehabilitation, case management, collateral support, and medication evaluation/monitoring
- Specialty Populations: Children/youth who are dependents or wards of the Juvenile Court and reside in San Diego County Foster Family Agency homes
- Parent Organization: San Diego Center for Children
- County of San Diego Program Monitor: Amanda Lance-Sexton

### Satellite location

145 Vallecitos de Oro, Suite 210

San Marcos, CA 92069

## **Green Oak Ranch**

(760) 598-2803

1237 Green Oak Road

Vista, CA 92083

- Hours: M-F 9 am – 8 pm
- Population: Children and Youth up to age 18 diverted from Polinsky Center residing in North County
- Service: Assessment, case management services
- Specialty Populations: Children under the age of 6, Juvenile Court Dependents
- Parent Organization: New Alternatives, Inc.
- County of San Diego Program Monitor: Rebecca Raymond

## **Incredible Families-ParentCare Center**

(619) 668-4200

4990 Williams Avenue

La Mesa, CA 91941

- Hours: M-F 8 am – 5 pm (Evening/weekend hours available pursuant to the needs of the clients)
- Population: Juvenile Court dependent children, ages 0 – 11 referred by CWS
- Service: Provides verified increased outcomes to CWS families in reunification by providing brief mental health services to children, Incredible Years Basic Parenting groups for the adults and also visitation with a family style dinner setting. This is provided in the community throughout the county.
- Specialty Populations: Juvenile Court Dependent children through age 11
- Parent Organization: Vista Hill Foundation
- County of San Diego Program Monitor: Jean Avila

### **Juvenile Court Clinic**

(858) 571-1964

2851 Meadow Lark Drive

San Diego, CA 92123

Hours: M-F 8:30 am – 5pm

Population: Seriously Emotionally Disturbed Children and Youth that are Wards and Dependents of the Court without funding and/or have exhausted medication resources and are referred by the Probation Department and or Child Welfare Services

Service: Assessment, medication management services, case management, linkage and referral for on-going care including one-to-one therapy and family counseling when required

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Fran Cooper

### **KidSTART Center EPSDT Clinic**

Central-North Central

(858) 576-1700 Ext. 5803

3665 Kearny Villa Road, Suite 501

San Diego, CA 92123

North Coastal

(760) 967-7082

3605 Vista Way, Suite 101

Oceanside, CA 92056

South

(619) 420-5611

1261-D Third Avenue

Chula Vista, CA 91911

Hours: M 8 am – 6 pm, T-F 8 am – 5 pm (Evening and weekend hours as needed)

Population: Medi-Cal eligible children ages birth to 5 years

Service: Outpatient mental health services treatment for children and youth experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center

Specialty Populations: Child Welfare Services children ages 0-5

Parent Organization: Rady Children's Hospital San Diego

County of San Diego Program Monitor: Mike Miller

### **Learning Assistance Centers**

(760) 788-9724

1012 Main Street

Ramona, CA 92065

(760) 489-4126

1029 N. Broadway

Escondido, CA 92026

Hours: M-F 8 am - 5:30 pm (Evenings and weekend hours are available)

Population: Children and Youth up to age 21

Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal and Mental Health Services Act for uninsured/underinsured children. School-based services provided in Ramona, Borrego Springs, Julian (elementary/middle and high school districts), Warner Springs, Spencer Valley, Escondido Union Elementary School District (elementary and middle school students) and San Pasqual Union

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Mike Miller

### **Mental Health Resource Center - Central**

(858) 573-2227

2351 Cardinal Lane, Annex B  
San Diego, CA 92123

Hours: M-F 8 am – 5 pm (Evening hours available by appointment)  
Population: San Diego Unified School District students, by referral only. Includes referrals from ALBA, Student Attendance Review Board (SARB), Medi-Cal, MHSA, Probation/MST Program, and selected preschool sites Also includes referred elementary and middle school Emotionally Disturbed students  
Service: School based Outpatient Mental Health Services  
Specialty Populations: Preschool children, Transition Age Youth, Juvenile Court Wards. MHSA serves children and youth 3-18 and their families; outreach to underserved Severely Emotional Disturbed (SED) Asian and Latino children and youth  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Wendy Maramba

### **Mental Health Resource Center – South**

(619) 662-8370

1051 Picador Blvd.,  
San Diego, CA 92154  
Chula Vista, CA 91911

Hours: M-F 7:30 am – 4 pm; T, Th 4 – 6:30 pm (Evening appointments)  
Population: Sweetwater Unified School District students.  
Service: Medi-Cal eligible or uninsured up to age 21. Assessment, individual group and family therapy and psychiatry services.  
Specialty Populations:  
Parent Organization: Sweetwater Union High School District  
County of San Diego Program Monitor: Rebecca Raymond

### **Mobile Adolescent Services Team (MAST)**

(619) 398-3261

1202 Morena Blvd., Suite 300  
San Diego, CA 92110

Hours: M-F 9 am – 5 pm (Evening sessions by appointment only)  
Population: Children and Youth up to age 21 enrolled in Momentum Learning (San Diego County Office of Education. Must be Medi-Cal eligible or uninsured (MHSA eligible)  
Service: MAST provides school based individual, family, group, case management, rehabilitative services, Intensive care coordination (ICC), Intensive Home Based Services (IHBS), crisis intervention, medication management, & substance use/abuse and tobacco use services. MAST is a Full Service Partnership Program.  
Specialty Populations: Children/adolescents at risk of entering into (or going further into) the Juvenile Justice system. Pregnant teens/teen mothers, youth with co-occurring substance abuse disorders  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Fran Cooper

### **Multi-Cultural Community Counseling (MCC)**

(619) 578-2211

5296 University Ave., Ste. F-2

San Diego, CA 92105

Hours: M-F 9 am – 6 pm  
Population: Children and Youth 5 years up to age 21 year old Medi-Cal or no insurance  
Latino or Asian Pacific  
Islander population  
Service: Full Service Partnership providing outpatient individual, group and family therapy, crisis and community support, psychiatric evaluation and medication management and intensive case management  
Parent Organization: Union of Pan Asian Communities (UPAC)  
County of San Diego Program Monitor: Wendy Maramba

### **Nueva Vista Family Services**

(619) 585-7686

1161 Bay Blvd., Suite B

Chula Vista, CA 91911

Hours: M & F 9 am – 5 pm; T, W, Th 9 am – 7 pm  
Population: Children and Youth, Medi-Cal, Healthy Families, and uninsured (MHSA eligible) up to 21 years of age in the South Bay area of San Diego County. School based services provided for National and Chula Vista Elementary School Districts.  
Service: Individual, family, group, case management, rehabilitative services, Intensive care coordination (ICC), Intensive Home Based Services (IHBS), crisis intervention, medication management, & substance use/abuse and tobacco use services.  
Specialty Populations: Spanish speaking  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Fran Cooper

### **North Inland/North Coastal - Family Counseling**

(760) 741-2660

1002 East Grand Avenue

Escondido, CA 92025

945 Vale Terrace Drive

Vista, CA 92084

Hours: M-F 8:30am – 5pm  
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible  
Service: School based, outpatient mental health services, rehabilitation and case management for Medi-Cal and MHSA eligible  
Specialty Populations: Oceanside, Vista, Valley Center and Escondido High School District  
Parent Organization: Palomar Family Counseling Services  
County of San Diego Program Monitor: Mike Miller

### **North Coastal - Family Counseling**

(760) 726-4900

200 Michigan Avenue  
Vista, CA 92084

(760) 757-0118

707 Oceanside Blvd.  
Oceanside, CA 92054

Hours: M-Th 8:30am – 8pm; F 8:30am – 5pm  
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible  
Service: School based, outpatient mental health services, rehabilitation and case management.  
Specialty Populations: Oceanside and Vista Unified School District  
Parent Organization: North County Lifeline  
County of San Diego Program Monitor: Mike Miller

### **Outpatient Psychiatry**

Central Clinic

(858) 966-5832

3665 Kearny Villa Road #101  
San Diego, CA 92123

Hours: M-F 8 am – 5 pm, closed 12 pm – 1pm (Evenings by appointment)  
Population: Children and Youth up to age 21. Medi-Cal, MHSA, and Healthy Families, uninsured  
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)  
Parent Organization: Rady Children's Hospital San Diego  
County of San Diego Program Monitor: Wendy Maramba

North Coastal

(760) 758-1480

3605 Vista Way, Suite 258  
Oceanside, CA 92056

North Inland

(760) 294-9270

625 W. Citracado Pky., 102  
Escondido, CA 92025

Hours: M-F 8:00-5:00, closed 12:00-1:00, (Evenings by appointment)  
Population: Children and Youth up to age 21, school based and clinic based  
Service: Outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)  
Parent Organization: Rady Children's Hospital San Diego  
County of San Diego Program Monitor: Mike Miller

### **Para Las Familias Center**

(619) 565-2650

1424 30<sup>th</sup> Street, Suite A  
San Diego, CA 92154

Hours: M-F 8 am – 5 pm (Evening hours available to families)  
Population: Children, ages 0 - 5, on Medi-Cal and uninsured children  
Service: Assessment, individual, filial and family therapy. Services provided at clinic, Pre-school sites and in-home services  
Specialty Populations: Children under the age of 6; Juvenile Court Dependents  
Parent Organization: Episcopal Community Services  
County of San Diego Program Monitor: Rebecca Raymond

## **San Diego Deaf Mental Health Services**

(858) 410-1067

707 Broadway, 2<sup>nd</sup> Floor

San Diego, CA 92101

TDD for Hearing Impaired: (858) 410-1067

Hours: M-F 8:30 am – 5 pm

Population: Unfunded, Serious Emotional Disturbed and Seriously Mentally ill that are deaf or hard of hearing

Service: Assessment, crisis intervention, individual therapy, collateral contact, group therapy services

Specialty Populations: Deaf or hard of hearing, individuals with co-occurring substance abuse disorders

Parent Organization: San Diego Deaf Mental Health Services

County of San Diego Program Monitor: Cara Evans-Murray

## **School Based Outpatient**

Central/East/South

(858) 966-5832

3665 Kearny Villa Road #101

San Diego, CA 92123

Hours: M-F 8 am – 5 pm (Evenings by appointment: 5 pm – 7 pm)

Population: Children and Youth up to age 21 and uninsured

Service: Clinic and school-based mental health services in SDUSD, East Region (Grossmont/Santee) and South Region (San Ysidro District), medication management, individual, group, family therapy, and Full Service Partnership (FSP)

Parent Organization: Rady Children's Hospital San Diego

County of San Diego Program Monitor: Rebecca Raymond

## **South Bay Community Services**

(619) 420-3620

430 F Street

Chula Vista, CA 91910

Hours: M-Th 8:30 am - 8:30 pm and F 8:30 am – 6 pm

Population: Children and Youth up to age 21 Medi-Cal eligible children and uninsured

Service: Assessment, individual, group and family therapy services, provided at clinic, school sites and community settings.

Parent Organization: South Bay Community Services

County of San Diego Program Monitor: Rebecca Raymond

## **Survivors of Torture International**

(619) 278-2400

P.O. Box 151240

San Diego, CA 92175

Hours: M-F 8:30 am – 5 pm

Population: Uninsured, unserved, Seriously Emotional Disturbed, and Seriously Mentally ill

Service: Mental health assessment, dual diagnosis services, individual and group therapy, case management and referrals

Specialty Populations: Victims of trauma and torture

Parent Organization: Survivors of Torture International

County of San Diego Program Monitor: Betsy Knight

## **Therapeutic Interventions Designed to Empower Students (TIDES)**

(619) 281-8313

4394 30<sup>th</sup> St

San Diego, CA 92104

Hours: M-F 8:30 am – 5 pm (appointments are also available from 5 pm to 8 pm)

Population: Ages 5 up to age 21; Medi-Cal and MHSA. Referred by school or community

Service: Provides outpatient services at different school sites in San Diego Unified School district as well in the community from the main office-YMCA Youth and Family Services outpatient clinic. Services include individual, family, group therapy, psychiatric evaluation and medication monitoring, case management with home visits

Specialty Populations: Children and adolescents

Parent Organization: YMCA

County of San Diego Program Monitor: Wendy Maramba

## **Youth Enhancement Services (YES)**

(619) 428-5533

3025 Beyer Blvd. E101

San Diego, CA 92154

Hours: M-F 8 am - 8:00 pm; Sat. 8 am – 2 pm

Population: Children and Youth up to age 21

Service: Assessment, individual, family and group therapy services provided at clinic, school sites and community settings

Specialty Populations: Spanish speaking

Parent Organization: San Ysidro Health Center, Inc.

County of San Diego Program Monitor: Rebecca Raymond

## **Teen Recovery Centers**

### **Central Teen Recovery Center**

(619) 521-5720

3288 El Cajon Blvd, Suite 13

San Diego, CA 92104

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: Union of Pan Asian Communities  
County of San Diego Program Monitor: Wendy Maramba

#### **Satellite Programs**

ALBA Community School  
4041 Oregon St.  
San Diego, CA 92104

Hoover High School  
4474 El Cajon Blvd.  
San Diego, CA 92115

San Diego High School  
1405 Park Ave.  
San Diego, CA 92101

### **Central Southeastern Teen Recovery Center**

(619) 795-7232

220 South Euclid Avenue, Suite 40

San Diego, CA 92114

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Wendy Maramba

#### **Satellite Programs**

Morse High School  
6000 Skyline Drive  
San Diego, CA 92114

Lincoln High School  
4777 Imperial Ave.  
San Diego, CA 92113



## **East County Teen Recovery Center**

(619) 588-5361

550 Fesler Street, Suite G-1 & G-2

El Cajon, CA 92020

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Mike Miller

### Satellite Programs

Chaparral High School  
1600 North Cuyamaca St.  
El Cajon, CA 92020

Mount Miguel High School  
8585 Blossom Lane  
Spring Valley, CA 91977

Dale Avenue  
4495 Dale Ave., Ste. 110  
La Mesa, CA 91941

## **New Hope Teen Recovery Center**

(619) 263-1790

1212 South 43<sup>rd</sup> St., Ste. C

San Diego, CA 92113

Hours: M-F 10 am - 6:30 pm  
Population: Pregnant and Parenting Teen Girls age 12-17 years  
Service: Adolescent perinatal non-residential Substance Use Disorder treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Adolescents also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant, parenting teens and Latina ages 12 to 17  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Jean Avila

## **North Central Teen Recovery Center**

(858) 277-4633

7625 Mesa College Drive

San Diego, CA 92111

Population: Adolescents (age 12-17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Wendy Maramba

### Satellite Programs

Madison High School  
4833 Doliva Dr.  
San Diego, CA 92117

Serra High School  
5156 Santo Rd.  
San Diego, CA 92124

University City High School  
6949 Genesee Ave.  
San Diego, CA 92122

## **North Coastal Teen Recovery Center**

(760) 726-4451

3923 Waring Road, Suite D

Oceanside, CA 92056

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education.  
County of San Diego Program Monitor: Mike Miller

### Satellite Programs

Oceanside High School  
1 Pirates Cove  
Oceanside, CA 92054

Vista High School  
1 Panther Way  
Vista, CA 92084

Rancho Buena Vista High School  
1601 Longhorn Dr.  
Vista, CA 92081

## **North Inland Teen Recovery Center**

(760) 744-3672

340 Rancheros Drive, Suite 166

San Marcos, CA 92069

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Mike Miller

### Satellite Programs

Montecito High School  
720 9th St.  
Ramona, CA 92065

San Marcos Unified  
255 Pico Ave.  
San Marcos, CA 92069

## **South Teen Recovery Center**

(619) 691-1045

629 3rd Avenue, Suite C

Chula Vista, CA 91910

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Rebecca Raymond

### Satellite Programs

Beyer Blvd., TRC  
3065 Beyer Blvd., Ste. B-103  
San Diego, CA 92154

Palomar High School  
480 Palomar St.  
Chula Vista, CA 91911

## **Women's Perinatal Substance Use Disorder (SUD)**

### **Residential**

#### **KIVA**

(619) 465-7303

2049 Skyline Drive

Lemon Grove, CA 91945

Hours: 24 Hour Residential SUD Detox and Treatment  
Population: Women with children up to age 12  
Service: Long-term residential program (6 to 12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Shannon Jackson

#### **Family Recovery Center**

(760) 439-6702

1100 Sportfisher Drive

Oceanside, CA 92054

Hours: 24 hr residential open M -Th 8 am – 8 pm and F 8 am - 6:30 pm  
Population: Pregnant and Parenting Women with children up to age 10  
Service: Women's non-residential Substance Use Disorder (SUD) treatment services- North Coastal Region. Long –term residential program (6-12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Jean Avila

#### **North County Serenity House – Serenity Center**

(760) 747-1015

1341 N. Escondido Blvd

Escondido, CA 92026

Hours: 24 hour residential program  
Population: Women and Children  
Service: Women's and perinatal residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction. Children under 12 may reside with their mothers.  
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12  
Parent Organization: healthRIGHT 360  
County of San Diego Program Monitor: Shannon Jackson

**Safe House**

(619) 442-0277

Hours: 5 pm – 1 am

Population: Pregnant and perinatal women. Transitional housing for CWS clients that have completed SUD treatment

Parent Organization: McAlister Institute for Treatment and Education

County of San Diego Program Monitor: Shannon Jackson

## **Outpatient**

### **Family Recovery Center**

(760) 439-6702  
1100 Sportfisher Drive  
Oceanside, CA 92054

Hours: M-Th 8 am – 8 pm; F 8 am - 6:30 pm  
Population: Women and Children  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling and Incredible Years parenting classes.  
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Shannon Jackson

### **Harmony West**

(858) 384-6284  
3645 Ruffin Road, Suite 100  
San Diego, CA 92123

Hours: M-F 9 am - 8:30 pm  
Population: Women and Children  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.  
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant and/or parenting women and their children up to age 12  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Jean Avila

### **North Inland Women’s & Adolescent Recovery Center**

(760) 761-0515  
751 Rancheros Road, Suite 5  
San Marcos, CA 92069

Hours: M-F 9 am - 5:30 pm  
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.  
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Shannon Jackson

### **ParentCare – East**

(619) 668-4205  
4990 Williams Avenue  
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm  
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include perinatal case management, assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services  
Women also participate in on-site licensed child care in which they are taught parenting and other child care skills.

Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Jean Avila

### **ParentCare - Central**

(619) 266-0166  
4125 Alpha Street  
San Diego, CA 92113

Hours: M-F 8 am – 5 pm  
Population: Pregnant and Parenting Women and Teen Girls age 15 years and up  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services,  
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Jean Avila

### **South Bay Women’s Recovery Center**

(619) 336-1226  
2414 Hoover Avenue  
National City, CA 91950

Hours: M-F 9 am - 5:30 pm  
Population: Pregnant and Parenting Women and Teen Girls 15 years and up  
Service: Women’s perinatal non-residential Substance Use Disorder (SUD) treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.  
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Shannon Jackson

## **Case Management**

### **Perinatal Case Management & Dependency Drug Court Services**

(619) 668-4265  
4990 Williams Avenue  
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm (other hours by appointment)

Population: Pregnant & parenting high risk of substance abuse; referrals from public.  
As a separate population, Dependency Drug Court parents referrals where substance abuse is a major factor in the children's removal from parent's custody. CWS referrals only.

Service: Mobile case management and dependency drug court services

Specialty Populations: Pregnant and parenting women

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Jean Avila



## **CalWORKs Mental Health Centers**

Central –CRF Step Forward  
(858) 384-7035  
8745 Aero Drive, #10750  
San Diego, CA 92123

North Central – CRF Step Forward  
(619) 295-6067  
2772 4th Avenue  
San Diego, CA 92103

East – CalWORKs Multi Service Center  
(619) 442-5434  
330 S Magnolia Avenue, Suite #302  
El Cajon, CA 92020

South - CalWORKS Multi Service Center  
(619) 425-5609  
1105 Broadway, Suite #209  
Chula Vista, CA 91911

N. Inland – CalWORKs Multi Service Center  
(760) 745-0281  
474 W Vermont Avenue, #103  
Escondido, CA 92025

N. Coastal – CalWORKS Multi Service Center  
(760) 439-4577  
1919 Apple Street, Suite A&B  
Oceanside, CA 92054

Hours: M-F 9 am – 4 pm  
Population: Adults  
Service: Multi-Service Center for CalWORKs Welfare to Work (WTW) participants;  
mental health and dual disorders counseling services  
Specialty Populations: Active adults on CalWORKs in the WTW program  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Jean Avila

### **CalWORKs Substance Use Disorder (SUD) Case Management Services**

(619) 668-4265  
4990 Williams Avenue  
La Mesa, CA 91942

Hours: M-F 8 am – 5 pm  
Population: CalWORKs Welfare to Work Adults  
Service: CalWORKs SUD case management services and family stabilization  
Specialty Populations: Active adults on CalWORKs in the WTW program  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Jean Avila

## **Prevention and Early Intervention Services (PEI)**

### **Central Region Community Violence Services Alliance for Community Empowerment (ACE)**

(619) 265-2727  
1031 25<sup>th</sup> Street  
San Diego, CA 92102

Hours: M-F 8:30 am – 5 pm  
Population: Middle school age boys and girls between the ages of 10-14 residing in the HHSA Central region, victims of violence, witnesses, siblings of victims, and other members of the community affected by the violence  
Service: Community-Based, family driven and evidence-based Community Violence Response Services program through cultural competent activities, services and staffing. The program components include: Direct Services to Children at Risk and Their Families and Community Violence Response Services  
Specialty Populations: Primary focus population is younger siblings of adolescents and young adults who have been identified as gang members or affiliates, or children of incarcerated parents  
Parent Organization: Union of Pan Asian Communities  
County of San Diego Program Monitor: Linda Bridgeman-Smith

### **Kickstart**

(619) 481-3790  
6160 Mission Gorge Road, Suite 100  
San Diego, CA 92120

Hours: M-F 8:30 am – 5 pm (The site will open early and close later as needed to accommodate the schedules of our clients and to allow for group sessions and activities after hours and on weekends) [www.kickstartsd.org](http://www.kickstartsd.org)  
Population: Youth 10 to 17 years of age, and Transition Age Youth 18 to 25 years of age  
Service: Services for individuals at-risk for developing or experiencing psychosis related to a serious mental illness that includes assessment, family education, mobile outreach, education, early intervention, information, and linkage in the entire region of San Diego County. First Episode Psychosis (FEP) assessment and treatment services available.  
Parent Organization: Pathways Community Services  
County of San Diego Program Monitor: Cecily Thornton-Stearns

**Outreach and Prevention Education  
Indian Health Council/ Dreamweaver Consortium**

(760) 749-1410

50100 Golsh Road

Valley Center, CA 92082

Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)  
Population: At risk and high risk American Indian and Alaska Native Children, TAY, Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns services integrated with Native American Health care clinics  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

**Outreach and Prevention Education  
Southern Indian Health Council/ Dreamweaver Consortium**

(800) 400-1189

(619) 445-1188

4058 Willows Road

Alpine, CA 91901

Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)  
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Health care clinic  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

**Outreach and Prevention Education  
Sycuan Medical/Dental Center/ Dreamweaver Consortium**

(619) 445-0707

5442 Sycuan Road

El Cajon, CA 92019

Hours: M-F 8 am - 4:30 pm (plus flex hours based on need)  
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

## **Urban Indian Youth Center**

(619) 531-1939

2560 First Avenue, Suite 103

San Diego, CA 92103

Hours: M-F 2 pm – 8 pm  
Population: At risk and high risk Urban American Indian and Alaska Native Children and Youth ages 10-22 and their families  
Service: Prevention and Early Intervention services through screening and assessment. Provides individual counseling by counselors or Spiritual Advisors. Center serves as a central location for local tribal youth to meet, do homework, learn about culture, and how wellness relates to mental, spiritual, emotional, and physical health services integrated with SDAIH Clinic  
Specialty Populations: Urban American Indian and Alaska Native children and youth  
Parent Organization: San Diego American Indian Health Center  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

## **Positive Parenting Program**

(858) 637-3378

8804 Balboa Avenue

San Diego, CA 92123

Hours: M-Th 8:30 am – 5 pm, F 8:30 am – 4 pm  
Population: Children 0-5 and their families  
Service: Prevention and Early Intervention services utilizing the Triple P (Positive Parenting Program), an evidence-based model, with the goal of reducing the risk for behavioral/emotional problems in young children. Provides seminars for families and child care providers countywide, and seminars in elementary schools  
Specialty Populations: Families, caregivers and educators of children 0-5 enrolled in Head Start and Early Head Start Centers in San Diego county; families living in low socio-economic communities and military families.  
Parent Organization: Jewish Family Service of San Diego  
County of San Diego Program Monitor: Adrienne Yancey

**Rural Integrated Behavioral Health  
Borrego Community Health Foundation-Julian Medical Clinic**  
(760) 765-1223  
2721 Washington Street  
Julian, CA 92036

**Neighborhood Healthcare-Pauma Valley**  
(760) 742-9919  
16650 California 76  
Pauma Valley, CA 92061

**North County Health Services-Ramona**  
(760) 789-1223  
217 Earlham Street  
Ramona, CA 92065

Hours: M-F 8 am – 5 pm (After-hour care is available, with a provider on call to assist with patient's needs)

Population: Children, adolescents, Transition Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic

Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Tim Nou

**HERE Now  
School-Based Suicide Prevention and Early Intervention Program**  
(619) 258-6877  
3845 Spring Drive  
Spring Valley, CA 91977

Hours: M-F 8 am - 4:30 pm

Population: Children and Youth 7 – 12th grade.

Service: School-based prevention and early Intervention services to middle and high schools in the County of San Diego. Services include: education and outreach about the warning signs and risk factors of depression and suicide, as well as protective factors that reduce the likelihood of suicide

Parent Organization: San Diego Youth Services

County of San Diego Program Monitor: Adrienne Yancey

**Father 2 Child  
Mental Health America**

(619) 942-6588  
4069 30<sup>th</sup> Street  
San Diego, CA 92104

Hours: M-Th 6 pm – 8 pm

Population: Custodial or non-custodial fathers of children under the age of 18 who reside in the Southeastern San Diego

Service: Best practice parenting model “24/7 Dad” offering group services to fathers to improve attitudes towards fathering, fathering knowledge, and fathering skills

Specialty Populations: Children and Youth ages 0-18

Parent Organization: Mental Health America of San Diego County

County of San Diego Program Monitor: Adrienne Yancey

**School Based Services**

Central/N.Central  
San Diego Unified School District  
(858) 573-2227

North Coastal  
Palomar Family Counseling Services  
(760) 741-2660

Central Southeastern  
San Diego Unified School District  
(858) 573-2227

North Inland  
Vista Hill Foundation  
(760) 788-9725

East  
San Diego Youth Services  
(619) 258-6877

South Bay  
South Bay Community Services  
(619) 420-3620

Hours: M-F 8:30 am – 5 pm

Population: School age children and their families in the designated school districts

Service: Social-emotional mental health evidenced based prevention and early intervention services for preschool and elementary school age children and their parents based at the public schools they attend. The services provide include screening, early identification and early intervention. These services also include a Family Community Partnership component that provides outreach and behavioral health prevention activities to parents in the identified schools.

Specialty Populations: The priority populations are at risk children who are underserved and living in high-risk communities often burdened with poverty, illiteracy, limited education, and homelessness. The target population is public elementary schools that have a minimum of 75% of the school population eligible for free and reduced meals in the identified school districts.

County of San Diego Program Monitor:

Fran Cooper

## **Faith Based**

(858) 634-6580

5095 Murphy Canyon Road  
San Diego, CA 92123

### **Community Education – Task Order #2**

Population: Latino  
Service: Community training on Faith Based and Mental Health Programming  
Parent Organization: National Alliance of Mental Illness (NAMI) San Diego  
County of San Diego Program Monitor: Jean Avila  
(619) 825-3930  
7373 University Avenue, Suite 201  
La Mesa, Ca 91942

Population: Latino and African American  
Service: Community training on Faith Based and Mental Health Programming  
Parent Organization: Total Deliverance Worship Center – Stepping Higher  
Project  
County of San Diego Program Monitor: Shannon Jackson

### **Crisis Response – Task Order #3**

(619) 825-3930

7373 University Avenue, Suite 201  
La Mesa, Ca 91942

Population: Latino and African American  
Service: A mobile community based team focusing in the Central and North Inland  
regions to respond to individual and family crisis situations.  
Parent Organization: Total Deliverance Worship Center – Stepping Higher  
Project  
County of San Diego Program Monitor: Shannon Jackson

## **Outcome Measures Services**

### **Child and Adolescent Research Services (CASRC)**

(858) 966-7703

3665 Kearny Villa Road, Suite 200

San Diego, CA 92123

Population: Children and Youth served by County of San Diego, Children, Youth and Families.

Service: Countywide data and outcomes research services on County of San Diego including Innovation programs for all ages.

Parent Organization: Regents of the University of California, University of California, San Diego

County of San Diego Program Monitor: Liz Miles

### **Health Services Research Center (HSRC)**

(858) 622-1771

5440 Morehouse Drive, Suite 3500

San Diego, CA 92121

Population: Adults and older adults with serious mental illness who are served by County of San Diego Adult/Older Adult

Service: Mental Health Services (including Prevention and Early Intervention (PEI) programs)

Parent Organization: Regents of the University of California, University of California, San Diego

County of San Diego Program Monitor: Liz Miles



**School Listing for Children’s Behavioral Health Services**  
**(School-Based Outpatient programs)**

School services are accessed through the schools. School counselors, teachers, and other school personnel can facilitate a referral.

**Alpine Union School District**

**Provider:** Community Research Foundation-Crossroads Family Center  
**Address:** 1679 E. Main Street, Suite 102, El Cajon, CA 92021  
**Phone:** (619) 441-1907

**Schools:** Alpine Community Day School  
Alpine Elementary

**Borrego Springs Unified School District**

**Provider:** Vista Hill Foundation-North Inland  
**Address:** 398 D Street, Ramona, CA 92065  
**Phone:** (760) 788-9724

**Schools:** Borrego Springs Elementary  
Borrego Springs Junior High  
Borrego Springs High

**Cajon Valley Union School District**

**Provider:** Chaldean-Middle Eastern Social Services  
**Address:** 436 S. Magnolia Ave. Suite #201, El Cajon, CA 92020  
**Phone:** (619) 428-5533

**Schools:** Cajon Valley Middle  
Emerald Middle  
Greenfield Elementary  
Johnson Elementary  
Lexington Elementary

## **Cajon Valley Union School District (cont.)**

**Provider:** New Alternatives, Inc.- Cajon Valley School Project

**Address:** 165 Roanoke, Rm. 202EI Cajon, CA 92021

**Phone:** (619) 588-3653

**Schools:** Anza Elementary  
Avocado Elementary  
Blossom Valley Elementary  
Bostonia Elementary  
Cajon Valley Middle  
Cajon Valley Home School  
Chase Elementary  
Crest Elementary  
Community Day (DRF)  
Emerald STEM Magnet Middle School (DRF)  
Flying Hills Elementary  
Fuerte Elementary  
Greenfield Middle  
Hillsdale Middle  
Jamacha Elementary  
Johnson Elementary  
Lexington Elementary  
Los Coches Creek Middle  
Madison Elementary  
Magnolia Elementary  
Meridian Elementary  
Montgomery Middle  
Naranca Elementary  
Rancho San Diego Elementary  
Rios Elementary (DRF)

**Provider:** San Diego Youth Services – East Region PEI

**Address:** 3845 Spring Dr., Spring Valley, CA 91977

**Phone:** (619) 258-6877

**Schools:** Lexington Elementary  
Meridan Elementary

## **Chula Vista Elementary School District**

**Provider:** Community Research Foundation-Nueva Vista Family Services

**Address:** 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

**Phone:** (619) 585-7686

**Schools:** Daly Academy Elementary  
Feaster Charter Elementary  
Mueller Charter

## **Chula Vista Elementary School District (cont.)**

**Provider:** South Bay Community Services  
**Address:** 430 F Street Chula Vista, CA 91910  
**Phone:** (619) 420-3620

**Schools:** Castle Park Elementary  
Harborside Elementary  
Lauderbach Elementary  
Loma Verde Elementary  
Montgomery Elementary  
Otay Elementary  
Rice Elementary  
Silver Wing Elementary  
Vista Square Elementary

**Provider:** South Bay Community Services - PEI  
**Address:** 430 F Street Chula Vista, CA 91910  
**Phone:** (619) 420-3620

**Schools:** Montgomery Elementary

## **Encinitas Union School District**

**Provider:** Rady Children's Hospital San Diego Outpatient Psychiatry-North County  
**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056  
**Phone:** (760) 758-1480

**Schools:** Ocean Knoll Elementary  
Paul Ecke Central Elementary

## **Escondido Union School District**

**Provider:** Vista Hill Foundation Lincoln Annex-Escondido

**Address:** 1029 N Broadway, Escondido, CA 92026

**Phone:** (760) 489-4126

**Schools:** Bear Valley Middle  
Bernardo Elementary  
Central Elementary  
Conway Elementary  
Del Dios Middle  
Farr Elementary  
Felicita Elementary  
Glen View Elementary  
Hidden Valley Middle  
Juniper Elementary  
Lincoln Elementary  
L. R. Green Elementary  
Miller Elementary  
Miller One Program (ED)  
Mission Middle  
North Broadway Elementary  
Oak Hill Elementary  
Orange Glen Elementary  
Pioneer Elementary  
Reidy Creek Elementary  
Rincon Middle  
Rock Springs Elementary  
Rose Elementary

## **Escondido Union High School District**

**Provider:** Palomar Family Counseling Services-North Inland/North Coastal

**Address:** 1002 East Grand Ave., Escondido, CA 92025

**Phone:** (760) 741-2660

**Schools:** Del Lago Academy  
Escondido High  
Orange Glen High  
San Pasqual High  
Valley High

## **Fallbrook Union Elementary School District**

**Provider:** Palomar Family Counseling Services-Fallbrook  
**Address:** 120 West Hawthorne Street, Fallbrook, CA, 92028  
**Phone:** (760) 731-3235

**Schools:** Fallbrook Street Elementary  
La Paloma School  
Live Oak Elementary  
Maie Ellis Elementary  
Potter Junior High  
Santa Margarita Academy  
William Frazier Elementary

## **Fallbrook Union High School District**

**Provider:** Palomar Family Counseling Services-Fallbrook  
**Address:** 120 West Hawthorne Street, Fallbrook, CA, 92028  
**Phone:** (760) 731-3235

**Schools:** Fallbrook High  
Ivy High

## **Grossmont Union High School District**

**Provider:** McAlister Institute – East Teen Recovery Center  
**Address:** 1600 N. Cuyamaca St., El Cajon, CA 92020  
**Phone:** (619) 588-5361

**Schools:** Chaparral High  
Mount Miguel High

**Provider:** Rady Children's Outpatient Psychiatry- Central/East/South  
**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123  
**Phone:** (858) 966-5832

**Schools:** Granite Hills High

**Provider:** San Diego Center for Children- East County Outpatient  
**Address:** 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942  
**Phone:** (619) 465-5006

**Schools:** Grossmont High  
Helix Charter High  
Mount Miguel High  
Steel Canyon High

### **Grossmont Union High School District (cont.)**

**Provider:** San Diego Youth Services-East County Behavioral Health

**Address:** 1870 Cordell Court #101, El Cajon, CA 92020

**Phone:** (619) 448-9700

**Schools:** Chaparral High  
El Cajon Valley High  
El Capitan High  
Monte Vista High

**Provider:** Vista Hill- Merit Academy

**Address:** 1600 N. Cuyamaca St., El Cajon, CA 92020

**Phone:** (619) 956-0615

**Schools:** Chaparral High

### **Jamul-Dulzura Union School District**

**Provider:** Community Research Foundation-Crossroads Family Services

**Address:** 1679 E. Main Street, Suite 102, El Cajon, CA 92021

**Phone:** (619) 441-1907

**Schools:** Jamul Intermediate  
Jamul Primary  
Oak Grove Middle

### **Julian Union School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland

**Address:** 1012 Main Street, Suite #101, Ramona, CA 92065

**Phone:** (760) 788-9724

**Schools:** Julian Elementary  
Julian Middle

### **Julian Union High School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland

**Address:** 1012 Main Street, Suite #101, Ramona, CA 92065

**Phone:** (760) 788-9724

**School:** Julian High

## **Lakeside Union School District**

**Provider:** San Diego Center for Children- East County Outpatient

**Address:** 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942

**Phone:** (619) 668-6200

**Schools:** Lakeside Farms Elementary  
Lakeview Elementary  
Lemon Crest Elementary  
Lindo Park Elementary  
Riverview Elementary  
Winter Gardens Elementary

**Provider:** San Diego Youth Services-East County Behavioral Health

**Address:** 1870 Cordell Court #101, El Cajon, CA 92020

**Phone:** (619) 619-448-9700

**Schools:** Lakeside Middle  
Tierra Del Sol Elementary

## **La Mesa-Spring Valley School District**

**Provider:** Family Health Centers of San Diego-Community Circle East

**Address:** 3845 Spring Drive, Spring Valley, CA 91977

**Phone:** (619) 515-2353

**Schools:** Avondale Elementary  
Bancroft Elementary  
Casa de Oro Elementary  
Highlands Elementary  
Kempton Elementary  
La Presa Elementary  
La Presa Middle  
Loma Elementary  
Quest Academy  
Rancho Elementary  
Spring Valley Middle  
Sweetwater Springs Elementary

## **La Mesa-Spring Valley School District (cont.)**

**Provider:** San Diego Center for Children- East County Outpatient

**Address:** 7339 El Cajon Blvd., Suite K, La Mesa, CA 91941

**Phone:** (619) 668-6200

**Schools:** Fletcher Hills Elementary  
Glenn Murdock Elementary  
La Mesa Dale Elementary  
La Mesa Middle  
Lemon Avenue Elementary  
Maryland Avenue Elementary  
Murray Manor Elementary  
Northmont Elementary  
Parkway Middle  
Rolando Elementary

**Provider:** San Diego Youth Services – East Region PEI

**Address:** 3845 Spring Dr., Spring Valley, CA 91977

**Phone:** (619) 258-6877

**Schools:** Bancroft Elementary

## **Lemon Grove School District**

**Provider:** San Diego Center for Children-East County Outpatient

**Address:** 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942

**Phone:** (619) 668-6200

**Schools:** Lemon Grove Academy Elementary  
Lemon Grove Academy Middle  
Monterey Heights Elementary  
Mount Vernon Elementary  
San Altos Elementary  
San Miguel Elementary  
Vista La Mesa Elementary



## Mountain Empire Unified School District

**Provider:** Community Research Foundation-Crossroads Family Services

**Address:** 1679 E. Main Street, Suite 102, El Cajon, CA 92021

**Phone:** (619) 441-1907

**Schools:** Campo Elementary  
Campo High  
Clover Flat Elementary  
Cottonwood Community Day  
Descanso Elementary  
Jacumba Elementary/Middle  
Mountain Empire High  
Pine Valley Charter/Julian Academy  
Pine Valley Elementary  
Potrero Elementary  
Redhawk Academy

## National School District

**Provider:** Community Research Foundation-Nueva Vista Family Services

**Address:** 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

**Phone:** (619) 585-7686

**Schools:** Central Elementary  
Ira Harbinson Elementary  
John Otis Elementary  
Kimball Elementary  
Las Palmas Elementary  
Lincoln Acres Elementary  
Olivewood Elementary  
Palmer Way Elementary

**Provider:** Paradise Valley ALLY National City Program

**Address:** 502 Euclid Ave, Suite 103, National City, CA 91950

**Phone:** (619) 267-5115

**Schools:** El Toyon Elementary  
Ira Harbison Elementary  
John Otis Elementary  
Kimball Elementary  
Las Palmas Elementary  
Lincoln Acres Elementary  
Olivewood Elementary  
Palmer Way Elementary  
Rancho De La Nacion

**Provider:** South Bay Community Services - PEI

**Address:** 430 F Street Chula Vista, CA 91910

**Phone:** (619) 420-3620

**Schools:** Central Elementary  
Lincoln Acres Elementary

## Oceanside Unified School District

**Provider:** North County Lifeline, Inc.

**Address:** 707 Oceanside Blvd., Oceanside, CA 92054

**Phone:** (760) 757-0118

**Schools:** Cesar Chavez Middle  
Christa McAuliffe Elementary  
Ivey Ranch Elementary  
Jefferson Middle  
Martin Luther King Middle  
Ocean Shores High

**Provider:** McAlister Institute – North Coastal Teen Recovery Center

**Address:** 3923 Waring Rd., Ste. D, Oceanside, CA 92111

**Phone:** (760) 726-4451

**School:** Oceanside High

**Provider:** Palomar Family Counseling Services- North Coastal

**Address:** 1002 East Grand Ave., Escondido, CA 92025

**Phone:** (760) 741-2660

**Schools:** Laurel Elementary  
Mission Elementary  
Oceanside High  
Palmquist Elementary  
South Oceanside Elementary

**Provider:** Palomar Family Counseling Services – School Age PEI

**Address:** 1002 East Grand Ave., Escondido, CA 92025

**Phone:** (760) 741-2660

**Schools:** E.G. Garrison Elementary  
Laurel Elementary  
Libby Elementary  
Mission Elementary

**Provider:** Rady Children's Outpatient Psychiatry- North Coastal

**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056

**Phone:** (760) 758-1480

**Schools:** Del Rio Elementary  
Foussat Elementary  
Garrison Elementary  
Libby Elementary  
Reynolds Elementary  
San Luis Rey Elementary

### **Oceanside Unified School District (cont.)**

**Provider:** Union of Pan Asian Communities (UPAC)

**Address:** 1031 25<sup>th</sup> St., San Diego, CA 92102

**Phone:** (619) 232-6454

**Schools:** El Camino High

Lincoln Middle

### **Poway Unified School District**

**Provider:** Rady Children's Outpatient Psychiatry- North Inland

**Address:** 625 W Citracado Parkway, Suite 102, Escondido, CA 92025

**Phone:** (760) 294-9270

**Schools:** Meadowbrook Middle

Mt. Carmel High

### **Ramona Unified School District**

**Provider:** Mental Health Systems – Teen Recovery Center

**Address:** 340 Rancheros Dr., Suite 166, San Marcos, CA 92065

**Phone:** (760) 744-3672

**Schools:** Montecito High

**Provider:** Vista Hill Learning Center- Ramona/North Inland

**Address:** 1012 Main St., Ramona, CA 92065

**Phone:** (760) 788-9724

**Schools:** Barnett Elementary

Hanson Elementary

James Duke Elementary

Mt. Woodson Elementary

Olive Peirce Middle

Ramona Community/Mt. Valley School

Ramona Elementary

Ramona High

## **San Diego County Office of Education Momentum Learning**

**Provider:** Community Research Foundation Mobile Adolescent Service Team (MAST)

**Address:** 1202 Morena Blvd., Suite 300, San Diego, CA 92110

**Phone:** (619) 398-3261

**Schools:** 37ECB (East)

- Bayside Blended Community (Central)
- Breaking Cycles A & B (N. Inland)
- Career Technical Education Center (Central)
- Cuyamaca Prep Blended Community (East)
- East County Blended Community (East)
- Escondido Blended Community (N. Inland)
- Innovation Academy of Empowerment (N. Coastal)
- Innovation Blended Academy of Empowerment (N. Coastal)
- La Mesa Blended Community (East)
- Lindsay Blended Community (Central)
- McPhatter Blended Community (Central)
- Metro Blended Community (Central)
- Metro East Itinerant (Central)
- Monarch School (Central)
- North County Tech Academy (N.Inland)
- North County Technology & Science Blended (N. Inland)
- Reflections Central (East)
- San Pasqual Academy (N. Inland)
- Sara Anthony (Central)
- Second Chance Blended Academy (South)
- South County Blended Community (South)
- Southland Blended Community (Central)
- Southland Itinerant (Central)
- SouthWest Key2 (Central)
- Victoria Blended Community (South)

## San Diego Unified School District

**Provider:** Community Research Foundation-Douglas Young Youth & Family Services

**Address:** 7907 Ostrow Street, Suite F, San Diego, CA 92111

**Phone:** (858) 300-8282

**Schools:** Carver Elementary  
Liz Central Elementary  
Cherokee Point Elementary  
Clairemont High  
Crawford High  
Field Elementary  
Ibarra Elementary  
Innovation Middle  
Juarez Elementary  
Kimbrough Elementary  
Lindbergh/Schwitzer Elementary  
Horace Mann Middle  
Marshall Elementary  
Marston Middle  
Mira Mesa High  
Pershing Middle  
Ross Elementary  
Toler Elementary  
Twain Mesa (at Mira Mesa High)  
Walker Elementary  
Wangenheim Middle

**Provider:** Community Research Foundation - Mobile Adolescent Service Team (MAST)

**Address:** 1202 Morena Blvd., Suite 300, San Diego, CA 92110

**Phone:** (619) 398-3261

E3 Civic School  
Language Academy  
Madison High  
Penn Elementary  
Perry Elementary

**Provider:** Family Health Centers of San Diego - Community Circle Central

**Address:** 2204 National Avenue, San Diego, CA 92113

**Phone:** (619) 515-2355

**Schools:** Baker Elementary  
Balboa Elementary  
Burbank Elementary  
Cesar Chavez Elementary  
Emerson/Bandini Elementary  
Florence Elementary  
Rodriguez Elementary  
Logan Elementary  
Memorial Preparatory  
Normal Heights Elementary

## San Diego Unified School District (cont.)

**Provider:** McAlister Institute – North Central Teen Recovery Center  
**Address:** 7625B Mesa College Dr., Suite 115, San Diego, CA 92111  
**Phone:** (858) 277-4633

**Schools:** Serra High  
Madison High  
University City High

**Provider:** Mental Health Systems- School Based  
**Address:** 4660 Viewridge Avenue, San Diego, CA 92123  
**Phone:** (858) 278-3292

**Schools:** Audubon K-8  
Carson Elementary  
Challenger Middle  
Farb Middle  
Kearny High  
Linda Vista Elementary  
Mission Bay High  
Montgomery Middle  
Muirlands Middle  
Pacific Beach Middle  
Taft Middle  
Twain Middle

**Provider:** Prime Healthcare, Inc. Advocating, Listening, & Leading Youth (ALLY)  
**Address:** 490 Emory Street, Imperial Beach, CA 91932  
**Phone:** (619) 267-5115

**Schools:** Zamorano Elementary

**Provider:** Pathways Community Services  
**Address:** 6244 El Cajon Blvd., Suite 14, San Diego, CA 92115  
**Phone:** (619) 640-3266

**Schools:** Adams Elementary  
Fay Elementary  
Florence Joyner Elementary  
Franklin Elementary  
Garfield Elementary  
Golden Hill K-8  
Hamilton Elementary  
Lewis Middle  
Millennial Tech Middle  
Monroe Clark Middle  
Oak Park Elementary  
Rosa Parks Elementary  
Rowan Elementary  
Webster Academy

## San Diego Unified School District (cont.)

**Provider:** Rady Children's Outpatient Psychiatry - Central/East/South  
**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123  
**Phone:** (858) 966-5832

**Schools:** Hoover High  
Morse High

**Provider:** San Diego Unified School District - Early Childhood Mental Health Services  
Incredible Years  
**Address:** 3510 Newton Avenue, Building B103, San Diego, CA 92113  
**Phone:** (619) 344-6229

**Schools:** Burbank Elementary  
Chavez Elementary  
Chollas/Mead Elementary  
Emerson/Bandini Elementary  
Euclid Elementary  
Sherman Elementary

**Provider:** San Diego Unified School District - Mental Health Resource Center  
**Address:** 2351 Cardinal Lane, Annex B, San Diego, CA 92123  
**Phone:** (858) 573-2227

**Schools:** ALBA  
Barnard Elementary  
Bell Middle  
Bethune Elementary  
CPMA (6-8)  
Johnson Elementary K-5  
Lincoln High  
Mann Middle  
Pacific View Leadership Academy  
Patrick Henry High  
Rolando Park Elementary K-5  
SCPA  
Serra High  
Washington Elementary K-5  
Wilson Middle K-8

## San Diego Unified School District (cont.)

**Provider:** San Diego Unified School District – North Central PEI  
**Address:** 2351 Cardinal Lane, Annex B, San Diego, CA 92123  
**Phone:** (858) 573-2227

**Schools:** Adams Elementary  
Central Elementary  
Edison Elementary  
Field Elementary  
Florence Joyner Elementary  
Linda Vista Elementary  
Rosa Parks Elementary  
Ross Elementary  
Rowan Elementary  
Washington Elementary K-5

**Provider:** San Diego Unified School District – Southeast PEI  
**Address:** 2351 Cardinal Lane, Annex B, San Diego, CA 92123  
**Phone:** (858) 573-2227

**Schools:** Audubon K-8  
Burbank Elementary  
Chollas-Mead Elementary  
Encanto Elementary  
Freese elementary  
Johnson Elementary K-5  
Kimbrough Elementary  
Nye Elementary  
Perkins Elementary K-8  
Valencia Park Elementary

**Provider:** Social Advocates for Youth (SAY)  
**Address:** 4275 El Cajon Blvd., Suite 101, San Diego, CA 92105  
**Phone:** (619) 283-9624

**Schools:** America's Finest Charter  
Encanto Elementary  
Epiphany Charter  
Freese Elementary  
O'Farrell Community

**Provider:** Union of Pan Asian Communities (UPAC) – Central Teen Recovery Center  
**Address:** 3288 El Cajon Blvd., Suite 13  
**Phone:** (619) 521-5720

**Schools:** ALBA Community  
Hoover High  
San Diego High



## San Diego Unified School District (cont.)

**Provider:** Union of Pan Asian Communities (UPAC) – Child & Adolescent Mental Health

**Address:** 1031 25<sup>th</sup> Street, San Diego, CA 92102

**Phone:** (619) 232-6454

**Schools:** Bell Middle (API only)  
Boone Elementary  
Chesterton Elementary  
Chollas/Mead Elementary  
Edison Elementary  
Fulton Elementary K-8  
Gompers Preparatory Academy 6-12  
Horton Elementary  
Hoover High  
Knox Elementary  
Morse High (API only)  
Nye Elementary  
Paradise Hills Elementary  
Porter Elementary  
Valencia Park Elementary

**Provider:** Vista Hill Foundation - Central Southeastern Teen Recovery Center

**Address:** 220 S. Euclid Avenue, Suite 40, San Diego, CA 92114

**Phone:** (619) 795-7232

**Schools:** Lincoln High  
Morse High

**Provider:** YMCA -Therapeutic Interventions Designed to Empower Students (TIDES)

**Address:** 4080 Center Street, Suite 103, San Diego, CA 92103

**Phone:** (619) 543-9850

**Schools:** Birney Elementary  
Clay Elementary  
King Chavez Arts Academy/Athletics Academy  
King Chavez Academy of Excellence  
King Chavez Preparatory Academy  
Ocean Beach Elementary  
Perkins Elementary  
Roosevelt Middle  
San Diego High  
Sherman Elementary

## San Marcos Unified School District

**Provider:** Rady Children's Outpatient Psychiatry- North Coastal

**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056

**Phone:** (760) 758-1480

**Schools:** Alvin Dunn Elementary  
San Marcos Elementary  
Woodland Park Middle

## Santee School District

**Provider:** Rady Children's Outpatient Psychiatry-Central/East/South

**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123

**Phone:** (858) 966-8471

**Schools:** Hill Creek Elementary  
Pepper Drive Elementary  
Prospect Avenue Elementary  
Rio Seco Elementary

**Provider:** San Diego Youth Services-East County Behavioral Health

**Address:** 1870 Cordell Court #101, El Cajon, CA 92020

**Phone:** (619) 448-9700

**Schools:** Cajon Park Elementary  
Carlton Hills Elementary  
Carlton Oaks Elementary  
Chett Harritt Elementary  
Santee Success Program

## San Ysidro School District

**Provider:** Rady Children's Outpatient Psychiatry - Central/East/South

**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123

**Phone:** (858) 966-5832

**Schools:** Sunset Elementary

**Provider:** San Ysidro Health Center-Youth Enhancement Services (YES)

**Address:** 3025 Beyer Blvd., Suite E101, San Diego, CA 92154

**Phone:** (619) 428-5533

**Schools:** La Mirada Elementary  
San Ysidro Middle  
Smythe Elementary  
Willow Elementary

**Provider:** South Bay Community Services - PEI

**Address:** 430 F Street Chula Vista, CA 91910

**Phone:** (619) 420-3620

**Schools:** Smythe Elementary

## South Bay Union School District

**Provider:** Paradise Valley Advocating, Listening, & Leading Youth (ALLY) South Bay  
**Address:** 330 Moss St., Chula Vista, CA 91911  
**Phone:** (619) 628-2591

**Schools** Bayside Elementary  
Berry Elementary  
Central Elementary  
Emory Elementary  
George Nicoloff Elementary  
Howard Pence Elementary  
Imperial Beach Elementary  
Nester Elementary  
Oneonta Elementary  
Sunnyslope Elementary  
Teofilo Mendoza Elementary  
Westview Elementary

**Provider:** South Bay Community Services - PEI  
**Address:** 430 F Street Chula Vista, CA 91910  
**Phone:** (619) 420-3620

**School:** Berry Elementary

## Spencer Valley School District

**Provider:** Vista Hill Learning Center- Ramona/North Inland  
**Address:** 1012 Main Street, #101, Ramona, CA 92065  
**Phone:** (760) 788-9724

**School:** Spencer Valley Elementary

## Sweetwater Union High School District

**Provider:** McAlister Institute – South Teen Recovery Center  
**Address:** 629 Third Avenue, Suite C, Chula Vista, CA 91910  
**Phone:** (619) 691-1045

**School:** Palomar High

**Provider:** SUHSD - Mental Health Resource Center  
**Address:** 1051 Picador Blvd., San Diego, CA 92154  
**Phone:** (619) 420-3620

**Schools:** Bonita Vista Middle  
Bonita Vista High  
Castle Park High  
Castle Park Middle  
Chula Vista High  
Chula Vista Middle  
Eastlake Middle  
Granger Junior High  
Hilltop High  
Hilltop Middle  
Mar Vista Academy \*  
Mar Vista High\*  
Montgomery High  
Montgomery Middle \*  
National City Middle  
Olympian High  
Options Secondary  
Otay Ranch High  
Palomar High  
Rancho del Rey Middle  
SAILS  
San Ysidro High  
Southwest High  
Southwest Middle  
Sweetwater High

\*feeds into Community Resource Center

## Valley Center-Pauma Union School District

**Provider:** Palomar Family Counseling Services  
**Address:** 1002 East Grand Ave, Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Lilac Elementary  
Oak Glen High  
Pauma Elementary  
Valley Center Elementary  
Valley Center Middle  
Valley Center Primary  
Valley Center High School

**Provider:** Palomar Family Counseling Services – School Age PEI  
**Address:** 1002 East Grand Ave, Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Valley Center Primary  
Valley Center Elementary

## Vista Unified School District

**Provider:** McAlister Institute – North Coastal Teen Recovery Center  
**Address:** 3923 Waring Road, Suite D, Oceanside, CA 92056  
**Phone:** (760) 726-4451

**Schools:** Rancho Buena Vista High  
Vista High

**Provider:** North County Lifeline, Inc.  
**Address:** 707 Oceanside Blvd, Oceanside, CA 92054  
**Phone:** (760) 757-0118

**Schools:** Alamosa Park Elementary  
Empresa Elementary  
Guajome Park Academy  
Major General Murray High  
Mission Meadows Elementary  
Mission Vista High School  
Olive Elementary  
Roosevelt Middle  
Temple Heights Elementary  
Vista Innovation and Design Academy (VIDA)  
Vista High School

## **Vista Unified School District (cont.)**

**Provider:** Palomar Family Counseling Services  
**Address:** 1002 East Grand Avenue, Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Alta Vista High  
Beaumont Elementary  
Bobier Elementary  
Foothill Oak Elementary  
Hannalei Elementary  
Monte Vista Elementary  
Rancho Minerva Middle  
Vista Academy of Visual and Performing Arts (VAPA)  
Vista Magnet Middle

**Provider:** Palomar Family Counseling Services – School Age PEI  
**Address:** 1002 East Grand Ave., Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Grapevine Elementary  
Maryland Elementary

**Provider:** Rady Children's Outpatient Psychiatry- North Coastal  
**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056  
**Phone:** (760) 758-1480

**Schools:** Breeze Hill Elementary  
Casita Center Elementary  
Grapevine Elementary  
Maryland Elementary  
Rancho Buena Vista High

**Provider:** Union of Pan Asian Communities (UPAC)  
**Address:** 1031 25<sup>th</sup> Street, San Diego, CA 92102  
**Phone:** (619) 232-6454

**Schools:** Lake Elementary  
Madison Middle

## **Warner Unified School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland  
**Address:** 1012 Main St, Suite #101, Ramona, CA 92065  
**Phone:** (760) 788-9724

**Schools:** Warner Springs Elementary  
Warner Springs High  
Warner Springs Middle

## **Community Information**

### **ACCESS Customer Service Center**

**(866) 262-9881**

Extension of the County of San Diego Family Resource Centers (FRCs). ACCESS serves residents, providers, and/or government agencies with questions or needs related to Family Resource Center programs and services, including providing case management services for existing FRC customers

### **Access and Crisis Line**

**(888) 724-7240**

San Diego Access and Crisis Line at 800-479-3339 (24 hours, 7 days a week). The San Diego Access and Crisis Line specialize in assisting callers through mental health challenges, crisis and suicide prevention as well as alcohol, drug and behavioral health information and referral.

### **Child Abuse Hotline**

**(800) 344-6000**

Toll free within the State of California

### **2-1-1 San Diego/Imperial Counties**

**211 (Local)**

**(800) 227-0997**

Information and referral for all Health and Social Services in San Diego County

### **Office of the Primary Public Defender- Juvenile Delinquency**

**(858) 974-5757**

County run law offices of the Public Defender

### **Polinsky Children's Center**

**(858) 514-4600**

County run shelter for children in need of protective services

### **Social Security Administration**

**(800) 772-1213**

Main information number to access Social Security benefits and information

### **San Diego Network of Care for Behavioral Health**

**(619) 563-2700**

<http://sandiego.networkofcare.org>

## **Support Groups/Self-Help**

**Al-Anon San Diego**

**<http://alanonsandiego.org>**

**(619) 296-2666**

**North/East (800) 690-2666**

**Alcoholics Anonymous**

**<http://www.aasandiego.org>**

**Central (619) 265-8762**

**<http://nosdco.aa.org>**

**North County (760) 758-2514**

**Children and Adults with Attention Deficit Disorder (CHADD)**

**<http://chadd.org>**

**(760) 736-1111**

**National Resource Center (800) 233-4050**

**Gamblers Anonymous**

**<http://www.sandiegoga.org>**

**(888) 233-8547**

**Legal Aid Society of San Diego**

**<http://www.lassd.org>**

**(877) 534-2524**

**Mental Health America**

**<http://www.mhasd.org>**

**(619) 543-0412**

**Narcotics Anonymous**

**San Diego/Imperial**

**<http://www.sandiegona.org>**

**(619) 584-1007**

**North County (866) 331-1958**

**(800) 479-0062**

**Spanish (619) 546-0774**

**Yellow Ribbon**

**Suicide Prevention Program**

**<http://www.yellowribbonsd.org>**

**San Diego (888) 724-7240**

**(800) 273-TALK (8255)**



## Behavioral Health Websites

1. 2-1-1 San Diego/Imperial  
<http://www.211sandiego.org>
2. American Academy of Pediatrics  
California Chapter 3 - San Diego/Imperial  
<http://www.aapca3.org/>
3. American Institutes for Research  
<http://www.air.org>
4. ARC of San Diego  
<http://www.arc-sd.com>
5. Balanced Mind Parent Network –  
Mood Disorders  
<http://www.thebalancedmind.org>
6. Center for School Mental Health  
<http://csmh.umaryland.edu/>
7. Children and Adults with Attention  
Deficit/Hyperactivity Disorder  
<http://www.chadd.org/>
8. Children Mental Health (CMH) Network  
<http://www.cmhnetwork.org>
9. Department of Managed Health Care  
<http://www.dmhc.ca.gov>
10. Health and Human Services of San Diego  
County  
<http://www.sandiegocounty.gov>
11. Healthy San Diego  
[http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy\\_san\\_diego/index.html](http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy_san_diego/index.html)  
Access Customer Service (888) 724-7240
12. National Alliance on Mental Illness - San Diego  
<http://www.namisandiego.org>
13. National Federation of Families for Children's  
Mental Health  
<http://www.ffcmh.org>
14. OPTUM San Diego  
<https://www.optumsandiego.com>
15. Technical Resource Library (TRL)  
[http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical\\_resource\\_library.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical_resource_library.html)
16. San Diego Network of Care (for Behavioral  
Health)  
<http://sandiego.networkofcare.org/mh>
17. Smart Recovery  
<http://www.smartrecoverysd.org>

## CYFBHS Provider Resource Manual Edits/Updates

NAME OF ORGANIZATION/AGENCY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

ELIGIBILITY/POPULATION: \_\_\_\_\_

SERVICES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

CULTURAL/LINGUISTIC SERVICES: \_\_\_\_\_

\_\_\_\_\_

SPECIALTY POPULATIONS: \_\_\_\_\_

\_\_\_\_\_

PARENT ORGANIZATION: \_\_\_\_\_

CONTACT/TITLE: \_\_\_\_\_

OTHER: \_\_\_\_\_

If you have any revisions, edits, and or comments, please complete this form and send to Yvonne Gage:

Children, Youth and Families Behavioral Health Services  
Administration  
P.O. Box 85524 – MS: P-531C  
San Diego, CA 92186-5524

619-584-3016 / Fax: 619-563-2775

Or e-mail: [Yvonne.Gage@sdcounty.ca.gov](mailto:Yvonne.Gage@sdcounty.ca.gov)